

The Jean Tweed Centre Assessment

The Jean Tweed Centre recognizes and values the rich diversity of Canadian society and specifically the communities of women, children and families it serves. We are committed to working from an inclusive, holistic anti-oppression framework to assist women from various cultures, racialized groups, abilities, socio-economic backgrounds, sexual orientation, and gender identities with their substance use, mental health, and gambling concerns.

| First Name: | | Last Name: | | Date of Birth: (dd | | d/mm/yyy) | |
|---|------------------|-----------------------------|------------------|--------------------|---|---|--|
| Gender: | | Last Name at Birth: | | | Health Card #: | | |
| | | | | | | | |
| What is your curre | • | | | | | | |
| Homeless/on street S | | Shelter/hostel | Shelter/hostel | | Couch surfing/staying with friend | | |
| In rooming/board | ing home | Supportive/ trans | sitional | housing | | Group home | |
| Private house/ap | artment | Social/subsidize | d housi | ng | Treatmen | t facility/hospital/jail | |
| Street Address: | | | | | | | |
| Street Address: | | Apt. | | City: | | | |
| Province: | Postal Code: | Address effect (dd/mm/yyyy) | | | nt location if different from above: | | |
| Home Phone #: | | Okay to call? | Yes | Okay to Yes N | leave message? o | Okay to send text msg? Yes | |
| Other Phone #: | | Okay to call? No | | | leave message? o | Okay to send text msg? Yes | |
| When leaving a voice Yes No | email or message | with someone, may s | staff ide | ntify then | nselves as calling | from Jean Tweed? | |
| E-mail address: | | Okay to em Yes No | Oray to oritain. | | security can not be guaran d we avoid sending sensitiv | teed via email. We use e-mail to schedul e information via e-mail. | |
| | | | | | | | |
| Emergency Contact | : | | Relati | on: | | | |
| Home Phone #: | | | Other Phone # | | t: | | |
| | | | 1 | | | | |
| In which of Canada's Official Languages are you most comfortable receiving your healthcare services? English French: | | | | is your m | other tongue? ench Other | | |

| Ethnicity Choose an item. | | In which language are you most comfortable receiving your healthcare services? Choose an item. | | | | |
|--|-----------------|--|----------|------------------------------|--|--|
| Level of Education Complete: Income S | Source: | Employment Status: | : | Occupation: | | |
| | 1 | | | | | |
| Referring Source Agency Type/Name: | Phone #: | | Agency C | contact: | | |
| Referral Date: | | Main Client: Yes N | lo. | Readmission: Yes No | | |
| Troisinal Bate. | | 1110111 01101111 1 00 11 | | Treadminesiem Fee Tre | | |
| Family physician: Does not have a family physician | Address: | ress: Phone #: | | | | |
| Number of emergency department visits in the last 12 months: | | eason for emergency department visit(s): | | | | |
| Number of overnight hospitalizations in the last 12 months (including for physical problems): | Reason for most | recent hospitalization: | | | | |
| Pregnant: Yes No If yes, due d | late: Birth p | olan: | | | | |
| Diagnosed with a mental health concern by a qualified mental health professional Most recent diagnosis #1: | awithin the pa | ast 12 months? Yes | with | in lifetime? Yes | | |
| Most recent diagnosis #2: | | | | | | |
| Hospitalized due to a mental health concern | within the pa | within the past 12 months? Yes | | within lifetime? Yes No | | |
| Currently receiving counselling/ support/ treatment for a mental health, emotional, or behavioural concern? Yes No? | | If yes, please provide name of service provider: | | Phone # of service provider: | | |
| Received counselling/ support/ treatment for a mental health, emotional, or behavioural concern | within the pa | within the past 12 months? Yes No | | n lifetime? Yes | | |

| List all <u>prescribed</u> medications/ vitamins and their purpose(s): | | | | | | |
|---|--|--|--|--|--|--|
| Methadone/opioid substitution: Yes No | | | | | | |
| Any challenges with | vision? Yes Nohearing? Yes Nomobility? Yes No | | | | | |
| | | | | | | |
| ****Do you have any allergies, including food and pet allergies? | If yes, are these allergies life threatening? Yes No If yes, please explain: | | | | | |
| Yes No | Note: if these allergies are life threatening, and if attending the day/ residential program, medical confirmation and recommended treatment (i.e., Epi-pen) from a physician is required. | | | | | |
| Any other health concern | ns you think we should be aware of? Please describe. | | | | | |
| | | | | | | |
| | | | | | | |
| Did you experience difficulty witih learning in school? Please describe. | | | | | | |
| Did you experience difficulty with feathing in schools Flease describe. | | | | | | |
| | | | | | | |
| Have you ever been diagnosed with a learning disability? Yes No | | | | | | |
| Do you have any concerns with reading and/or writing in English? Please describe: | | | | | | |
| | | | | | | |

| Have you ever experienced | any of | the follo | owing in the past 12 month? |
|---|--------|-----------|---|
| Issue | Yes | No | Please describe (e.g., coping strategies, safety plan/ willing to contract, etc.) |
| Tension/ anxiety/ nervousness | | | |
| Depression | | | |
| Difficulty sleeping | | | |
| Fears/ Phobias | | | |
| Feeling that people are against you or trying to harm you | | | |
| Feeling aggressive/ violent towards others | | | |

| Self-harm behaviour | | When? How? |
|---------------------------------|----------------|--|
| Thoughts of suicide | | |
| Suicide attempt(s) | | If yes, when? |
| Financial concerns | | When? |
| Have you experienced any eating | concerns (past | and/or present) such as anorexia, bulimia, compulsive overeating, laxative |

Have you experienced any eating concerns (past and/or present) such as anorexia, bulimia, compulsive overeating, laxative abuse, etc.? If yes, how recently?

| Legal/Ju | Legal/Justice Information | | | | |
|--|--|--|--|--|--|
| Mandated to attend program? Yes No | | | | | |
| If yes, by whom? | Recommended to attend? Yes No | | | | |
| Do you current have any legal issues? Yes No | PO/Bail officer contact info: | | | | |
| If yes, please describe (e.g., awaiting trial/ hearing/ sentence | ing, probation/ parole/ bail) & dates: | | | | |
| Nature of the Charge(s): | Conditions, if any: | | | | |
| Probation/ Parole start date (dd/mm/yyyy): | Pending court dates (dd/mm/yyyy): | | | | |
| Probation/ Parole end date (dd/mm/yyyy): | | | | | |
| Have you had past legal involvement? If yes, nature of the | charges: | | | | |

Sexual Orientation & Gender Identity

If there anything you would like us to know regarding your sexual orientation and/or your gender identity that would help us in providing you with high quality care?

Family/Social Relationships

| If you have children, please list below: | | | | | |
|--|-----------------------------|-------------------|---|--|--|
| Name | Gender | Age | If you child is under 16 years of age, who had legal custody? | | |
| | | | | | |
| | | | | | |
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| | | | | | |
| If your child(ren) is(are) less than 16 yea yes, please explain (length of involvement | | | their care? Yes No If | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Are you in a relationship at the present ti | | | time of relationship: | | |
| Past significant relationship(s)? (names are not required) Yes No Please describe: | | | | | |
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| | | | | | |
| Is, or was, substance use and/or gambling | ng an issue for anyone in y | your family? Ye | s No Please describe: | | |
| | | | | | |
| | | | | | |
| | | | | | |
| Does anyone in your family have past/pro | esent issues with their me | ental health? (no | names to be recorded) | | |
| | | | | | |
| | | | | | |
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| Do you have significant support from family/ friends/ community/professional? Please List. | |
|--|--|
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| | | Substance | Use History (i | f applicable) | | |
|---|---|-------------------------------------|--|--|---|-------------------------------|
| *Note to refe | | | | Discharge DHQ/GAIN the Day/ Residential | | ics Impressions |
| Primary substance: | ., | 4- | <u> </u> | Secondary substance | | |
| Substances used that are currently problematic: | Frequency in past 30 days: Did not use 1-3x/mth 1-2x/wk 3-6x/wk Daily Binge | Date of last use (dd/mm/yyyy) | Approximate length of use (# of months/ years) | List <u>all</u> other substances currently being used | Frequency in pa 30 days: Did not use 1-3x/mth 1-2x/wk 3-6x/wk Daily Binge | |
| 1. | | | | 1. | | |
| 2. | | | | 2. | | |
| 3. | | | | 3. | | |
| 4. | | | | 4. | | |
| 5. | | | | 5. | | |
| Non-medical injection | drug use? Neve | r Prior to 1 | year Past 12 | months Unknowr | 1 | I |
| Comments: | | | | | | |
| (TO BE CO | MPLETED FOR A | | Sambling History EVEN IF THERE | ory ARE NO CONCERN | IS WITH GAI | MBLING) |
| , | | • | g a concern for y | | | , |
| | | able activities, t | | 12 months (regardle nsidered a problem, time played. | | |
| Type of activity | | Played in las 12 months? | t If yes, problematic? | Pattern of playing (e.g., daily) | Age first played | Date last played (dd/mm/yyyy) |
| Slot machines | | Yes No | Yes No | | | |
| Gaming machines (ot | her than slots) | Yes No | Yes No | | | |
| Casino card/ table ga | mes | Yes No | Yes No | | | |
| Non-casino card/ tabl | e games | Yes No | Yes No | | | |

Yes No

Yes No

Yes No

Yes No

Yes No

Yes No

Horse races

Sport betting

Lottery tickets

Internet gambling

Instant win/ scratch tickets

Gambling with stock market/ real estate

Yes No

Yes No

Yes No

Yes No

Yes No

Yes No

| Betting on games of skill | Yes No | Yes No | | | | |
|---|-------------------|------------------|---------------------|-----------------|------------------|--|
| Betting on outcome of events | Yes No | Yes No | | | | |
| Other (please specify): | Yes No | Yes No | | | | |
| Unknown/ data not available | Yes No | Yes No | | | | |
| Comments: | | | | <u>'</u> | | |
| Have you ever been concerned about you Yes No If yes, please describe: | ur use of technol | logy (such as ir | ternet gaming, soci | al media, or or | nline shopping)? | |
| For referrals to the Problem Gambling Program: (please include completed form with package) OSAB Gambling Form Completed? Yes No | | | | | | |
| 6 | | | | | | |
| | | | | | | |
| No Do you smoke/use tobacco? Yes No If yes, are you interested in making a change? Yes | | | | | | |
| What support/ services have you accessed for your substance use and or gambling? (e.g., dates, # of times, etc.) | | | | | | |
| What role has substance use and/or gambling played in your life (both positive and negative)? | | | | | | |
| | | | | | | |
| Past Experiences | | | | | | |
| Some women have noticed a connection between their substance and/or gambling use and traumatic experiences | | | | | | |
| (i.e. emotional, physical and sexual abuse, neglect, natural disaster, loss of culture, loss of custody of a child etc) | | | | | | |

Have you had similar experiences that you think are important for us to know about? (description not required)

Are you currently being affected by these experiences? (flashbacks, nightmares, losing time, reactions to sudden noises etc.)? If so, how often?

What do you find helpful in dealing with these effects?

If applicable, are you still in contact with the person(s) who harmed you?

| Any other current stressors/life events that are impacting your substance use or/and gambling? |
|---|
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| |
| Please answer these questions if referring to our day/ residential programming: |
| Do you have a place to live upon completion of our day/ residential programming? Yes No |
| Please explain: |
| |
| Do you have any special dietary requirements? If so, please describe: |
| |
| |
| What are your plans for transportation to/ from the Centre? Please note the Centre cannot provide for the cost of transportation. |
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| Droliminant Cantina Dlan |
| Preliminary Service Plan Strengths: |
| Sueriguis. |
| 1. |
| |
| |
| 2. |
| |
| 2. |
| 2. 3. Coping Skills: |
| 2.3. |
| 2. 3. Coping Skills: 1. |
| 2. 3. Coping Skills: |
| 2. 3. Coping Skills: 1. |
| 2. 3. Coping Skills: 1. 2. |
| 2. 3. Coping Skills: 1. 2. |

Are you grieving the loss of someone or something? If so, please describe:

| 1. | | | | |
|---|------------------|--|--|--|
| 2. | | | | |
| 3. | | | | |
| | | | | |
| Referrals: | | | | |
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| | | | | |
| Date completed: | | | | |
| Completed by: | | | | |
| | | | | |
| To be completed by Jean Tweed Administration | | | | |
| Presenting Issues: | | | | |
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| * Please complete this section for women who are pregnant or parenting children aged 0-6 years of age and who may be interested in parenting programs at the Jean Tweed Centre. | | | | |
| Substance Use | During Pregnancy | | | |
| Are you pregnant right now? Yes No | | | | |

1st Trimester (0-3 months)

2nd Trimester (3-6 months)

Service Goals & Plans (substance use, mental health, housing, employment, etc.):

Current pregnancy

3rd Trimester (6-10 months)

| Substances, frequency, and method of use | | | | |
|--|--|--|---|--|
| For each previous pregnancy | | | | |
| Substances, frequency, and method of use | 1 st Trimester (0-3 months) | 2 nd Trimester (3-6 months) | 3 rd Trimester (6-10 months) | |
| For each previous pregnancy | | | | |
| Substances, frequency, and method of use | 1 st Trimester (0-3 months) | 2 nd Trimester (3-6 months) | 3 rd Trimester (6-10 months) | |

Please complete this section for women who are seeking admission to transitional housing programs.

| Transitional Program - Personal Goals | | |
|---------------------------------------|--|--|
| • | Since completing an intensive program, what supports have you put in place? | |
| | | |
| | | |
| | | |
| • | What would you like to accomplish while residing in the transitional program (ex related to substance use, supportive housing, employment, education, child reunification, finances, personal growth, etc.) | |
| | 1. | |
| | 2.3. | |
| • | A case manager will work closely with you on your short- and long-term goals. This includes establishing a plan, and regular check-ins. Are you comfortable with this? What kind of support would you like from your case manager? | |
| | | |
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| Transitional Program – Community Living: |
|---|
| Have you lived in a communal setting with others before? What was it like for you? |
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| |
| How do you handle conflict? What would you do if you had a disagreement with another resident? |
| |
| |
| How do you handle feelings like anger, being upset? What strategies have you been able to successfully use? |
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| |
| Have you lived independently before? Please describe. |
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