

#### Jean Tweed Assessment Package

The Jean Tweed Centre is a community-based agency providing a wide range of services to women with substance use, gambling or mental health concerns.

Enclosed is our revised assessment package for the Centre's three week Residential and Day Substance Use and/or Gambling programs. The package includes:

The Jean Tweed Centre Assessment (p. 2)—to be completed by the referring addiction counsellor The Jean Tweed Centre Client Agreement (p. 12)—this agreement covers key areas such as confidentiality and privacy
Emergency Contact (p. 14)
Release of Information (p. 15) — to be completed for significant collateral contacts (i.e. referral, psychiatrist, methadone/suboxone doctor and dispensing pharmacy if applicable)
Medical Data Sheet (p.16) - to be completed by your client's physician; please note that the medical data shee
includes a statement of consent which your client will need to sign for the information to be released
Information for your client about the Centre's Feedback and Complains Process

When sending a referral, please also include the assessment form(s) noted in the chart below, depending on whether your client has a substance use, problem gambling, or concurrent concern:

Nature of Concern:	Required assessments:
Substance use only	<b>Either</b> the ADAT (plus DHQ) <b>or</b> the Q3RRS + Diagnostic Impressions Report (no DHQ)
Problem gambling only	OSAB, SOGS, BASIS
Substance use and problem gambling	OSAB, SOGS, BASIS <b>plus either</b> the ADAT (plus DHQ) <b>or</b> the Q3RRS (no DHQ)

Once we receive your client's full referral package Sabrina Appiah, Intake Clerk, will contact you to advise receipt of the documents and your client's name will be added to the next available **Wait List.** 

Closer to the admission date, staff from our Support and Stabilization program will contact your client to review her assessment. Please note that we can only provide a confirmed admission date after speaking with her directly.

Should you require further information, please do not hesitate to contact our Intake Clerk, Sabrina Appiah at (416) 255-7359 ext. 248.

Sincerely, Nicole Wilson

Intake Coordinator

215 Evans Avenue, Toronto, Ontario M8Z 1J5 Tel: 416.255.7359 Fax: 416.255.9021

 $jeantweed.com\ \textbf{Make a difference, Donate today at } \textbf{jeantweed.com}$ 



#### The Jean Tweed Centre Assessment

The Jean Tweed Centre recognizes and values the rich diversity of Canadian society and specifically the communities of women, children and families it serves. We are committed to working from an inclusive, holistic anti-oppression framework to assist women from various cultures, racialized groups, abilities, socio-economic backgrounds, sexual orientation, and gender identities with their substance use, mental health, and gambling concerns.

First Name:	First Name: Last Name:			Date of Birth: (dd/mm/yyy)			
Gender: Last N			Name at Birth:		Health Card #:		
What is your curren  Homeless/on stre In rooming/boardi Private house/apa	Shelter/hostel Supportive/ trans Social/subsidized		•	☐ Group ho	urfing/staying with friend ome nt facility/hospital/jail		
Street Address:			Apt.		City:		
Province:	Postal Code:		Address effect (dd/mm/yyyy)	ive date	: Curre	ent location if diffe	rent from above:
Home Phone #:					Okay to l	eave message? No	Okay to send text msg?
Other Phone #:					Okay to lo ☐ Yes ☐	eave message? No	Okay to send text msg?  ☐ Yes ☐ No
When leaving a voice  ☐ Yes ☐ No	email or message	with so	omeone, may sta	aff ident	fy thems	selves as calling f	rom Jean Tweed?
E-mail address:			Okay to email?  Yes No  Note: Privacy and security can not be guaranteed via email. We use e-mail to schedule appointments and we avoid sending sensitive information via e-mail.				
Emergency Contact:				Relatio	n:		
Home Phone #:			Other Phone #:				
In which of Canada's Official Languages are y comfortable receiving your healthcare service    English French:  Ethnicity Choose an item.				What is your mother tongue?  ☐ English ☐ French ☐ Other  In which language are you most comfortable receiving your healthcare services? • Choose an item.			
Level of Education Complete: Income Sou			urce:	Emplo	yment St	atus:	Occupation:
Referring Source Agency Type/Name:		Phone #:			Agency Cor	tact:	
Referral Date:				Main C	lient: □ Y	es □ No	eadmission:   Yes  No

Family physician:		Address:	Address:			Phone #:
☐ Does not have a family p	ohysician					
Number of emergency departure last 12 months:	Reason fo	Reason for emergency department visit(s):				
Number of overnight hospit last 12 months (including for problems):		Reason fo	or most re	ecent hospitalization:		
Pregnant: ☐ Yes ☐ No	If yes, due o	late:	Birth pl	an:		
Diagnosed with a mental he qualified mental health prof		withi	•	st 12 months?	withi	n lifetime? □ No
Most recent diagnosis #1:						
Most recent diagnosis #2:						
Hospitalized due to a menta	al health concern.		in the pa	st 12 months?	withi	n lifetime?
Currently receiving counse treatment for a mental heal		If yes, provide		rovide name of service		# of service provider:
behavioural concern? \( \subseteq \text{Y} \)	es ☐ No?					
Received counselling/ support mental health, emotional, o concern		within the past 12 months?  ☐ Yes ☐ No			within lifetime? ☐ Yes ☐ No	
List all <u>prescribed</u> medications/ vitamins and their purpose(s):						
Methadone/opioid substitution: ☐ Yes ☐ No  Any challenges with						
Any challenges withvision?		」Yes □ No	0	hearing?	NO	mobility? ☐ Yes ☐ No
****Do you have any allergies, including food allergies?  If yes, are these allergies life threatening?   Yes  No If yes, please explain:  If yes, please explain:						se explain:
☐ Yes ☐ No  Note: if these allergies are life threatening, and if attending the day/ residential program, medical confirmation and recommended treatment (i.e., Epi-pen) from a physician is required.						
Any other health concerns	you think we shou	ld be aware	e of? Ple	ase describe.		
Did you experience difficulty witih learning in school? Please describe.						
Have you ever been diagno	osed with If yes, p	olease desc	cribe:			
a learning disability? ☐ Yes ☐ No						
Do you have any concerns	with reading and/	or writing in	n English	? Please describe:		

Have you ever experienced any of the following in the past 12 month?							
Issue	Yes	No	Please describe (e.g., coping strategies, safety plan/ willing to contract, etc.)				
Tension/ anxiety/ nervousness							
Depression							
Difficulty sleeping							
Fears/ Phobias							
Feeling that people are against you or trying to harm you							
Feeling aggressive/ violent towards others							
Self-harm behaviour			When? How?				
Thoughts of suicide							
Suicide attempt(s)			If yes, when?				
Financial concerns			When?				
	Have you experienced any eating concerns (past and/or present) such as anorexia, bulimia, compulsive overeating, laxative abuse, etc.? If yes, how recently?						
Legal/Justice Information							
Mandated to attend program?	Yes 🗆 1	No					
If yes, by whom?			Recommended to attend?   Yes   No				
Do you current have any legal iss	sues? 🗆 🗅	∕es □ No	O PO/Bail officer contact info:				
If yes, please describe (e.g., awaiting trial/ hearing/ sentencing, probation/ parole/ bail) & dates:							
Nature of the Charge(s):			Conditions, if any:				
Probation/ Parole start date (dd/n	nm/yyyy):		Pending court dates (dd/mm/yyyy):				
Probation/ Parole end date (dd/m	Probation/ Parole end date (dd/mm/yyyy):						
Have you had past legal involvement ? If yes, nature of the charges:							

If there anything you would like us to know regarding your sexual orientation and/or your gender identity that would help us in providing you with high quality care?

Family/Social Relationships						
If you have children, please list below:						
Name	Gender	Age	If you child is under 16 years of age, who had legal custody?			
If your child(ren) is(are) less than 16 years old, is child welfare services involved in their care?						
Are you in a relationship at the present time?   Yes  No  If yes, length of time of relationship:						
Past significant relationship(s)? (names are not required)						
Is, or was, substance use and/or gambling an issue for anyone in your family?   Yes   No Please describe:						
Does anyone in your family have past/present issues with their mental health? (no names to be recorded)						
Do you have significant support from family/ friends/ community? Please comment.						

Substance Use History (if applicable)							
*Note to referrals: This chart is a supplement to the Admission Discharge DHQ/GAINQ3 Diagnostics Impressions Report and is required for all clients entering the Day/ Residential Program*							
Primary substance: Secondary substance:							
Substances used that are currently problematic:	Frequency in past 30 days:  Did not use  1-3x/mth  1-2x/wk  3-6x/wk  Daily  Binge	Date of last use (dd/mm/yyyy)	Approximate length of use (# of months/ years)	List <u>all</u> other substances currently being used	Frequency ir past 30 days  Did not use  1-3x/mth  1-2x/wk  3-6x/wk  Daily  Binge	:	
1.				1.			
2.				2.			
3.				3.			
4.				4.			
5.				5.			
Non-medical injection of	drug use? 🗌 Nev	er 🗌 Prior to	o 1 year □ Pa	st 12 months 🗌 Un	known		
Comments:							
(TO BE CO	Gambling History (TO BE COMPLETED FOR ALL CLIENTS, EVEN IF THERE ARE NO CONCERNS WITH GAMBLING)						
Is gambling a concern for you? ☐ Yes ☐ No							
Please check all gambling activities in which you engaged in the past 12 months ( <b>regardless of concerns with playing</b> ).  Please also indicate, beside the applicable activities, those that are considered a problem, the pattern of playing, age of first time played, and date of last time played.							
Type of activity		Played in last 12 months?	If yes, problematic?	Pattern of playing (e.g., daily)	Age first played	Date last played (dd/mm/yyyy)	
Slot machines		☐ Yes ☐ No	☐ Yes ☐ No	, , , , ,		, , , , , , , , , , , , , , , , , , , ,	
Gaming machines (other	er than slots)	☐ Yes ☐ No	☐ Yes ☐ No				
Casino card/ table gam	ies	☐ Yes ☐ No	☐ Yes ☐ No				
Non-casino card/ table	games	☐ Yes ☐ No	☐ Yes ☐ No				
Horse races		☐ Yes ☐ No	☐ Yes ☐ No				
Sport betting		☐ Yes ☐ No	☐ Yes ☐ No				
Lottery tickets		☐ Yes ☐ No	☐ Yes ☐ No				
Instant win/ scratch tick	ets	☐ Yes ☐ No	☐ Yes ☐ No				
Internet gambling		☐ Yes ☐ No	☐ Yes ☐ No				
Gambling with stock ma	arket/ real estate	☐ Yes ☐ No	☐ Yes ☐ No				
Betting on games of skill			☐ Yes ☐ No				
Betting on outcome of	events	☐ Yes ☐ No	☐ Yes ☐ No				
Other (please specify):		☐ Yes ☐ No	☐ Yes ☐ No				
Unknown/ data not ava	ilable	☐ Yes ☐ No	☐ Yes ☐ No				
Comments:							
For referrals to the Problem Gambling Program:  OSAB Gambling Form Completed?  Yes  No (please include completed form with package)							

Do you smoke/use tobacco? ☐ Yes ☐ No	If yes, are you interested in making a change? $\square$ Yes $\square$ No
What support/ services have you accessed for your substance	use and or gambling? (e.g., dates, # of times, etc.)
What role has substance use and/or gambling played in your li	ifo (both positive and pogative)?
What fole has substance use and/or gambling played in your in	ne (both positive and negative):
	periences
Some women have noticed a connection between their substa	
emotional, physical and sexual abuse, neglect, natural disast	er, loss of culture, loss of custody of a child etc)
Have you had similar experiences that you think are important	for us to know about? (description not required)
Are you currently being affected by these experiences? (flashb	packs, nightmares, losing time, reactions to sudden
noises etc.)? If so, how often?	
What do you find helpful in dealing with these effects?	
That do you mid hop at m doaming that areas on one	
If applicable, are you still in contact with the person(s) who ha	urmed you?
	,
Are you grieving the loss of someone or something? If so, ple	ase describe:
Any other current stressors/life events that are impacting your	substance use or/and gambling?
Please answer these questions if refer	ring to our day/ residential programming:
Do you have a place to live upon completion of our day/ resid	ential programming? \( \text{Ves} \) No
Please explain:	
Do you have any special dietary requirements? If so, please of	describe:
What are your plans for transportation to/ from the Centre? Pl	ease note the Centre cannot provide for the cost of
transportation.	

Preliminary Service Plan
Strengths:
1.
2.
3.
• • • • • • • • • • • • • • • • • • •
Coping Skills:
1.
2.
3.
Service Goals & Plans (substance use, mental health, housing, employment, etc.):
dervice doals & Flans (substance use, mental health, housing, employment, etc.).
1.
2.
3.
Referrals:
1.
1.
2.
3.
Date completed:
Completed by:
To be completed by Joan Twood Administration
To be completed by Jean Tweed Administration  Presenting Issues:

\* Please complete this section for women who are pregnant or parenting children aged 0-6 years of age and who may be interested in parenting programs at the Jean Tweed Centre.

Substance Use During Pregnancy								
Are you pregnant right now? ☐ Yes ☐ No								
Current pregnancy								
	1 <sup>st</sup> Trimester (0-3 months)	2 <sup>nd</sup> Trimester (3-6 months)	3 <sup>rd</sup> Trimester (6-10 months)					
Substances, frequency, and method of use								
For each previous pregnar								
Substances, frequency, and method of use	1 <sup>st</sup> Trimester (0-3 months)	2 <sup>nd</sup> Trimester (3-6 months)	3 <sup>rd</sup> Trimester (6-10 months)					
For each previous pregnar	псу							
Substances, frequency, and method of use	1 <sup>st</sup> Trimester (0-3 months)	2 <sup>nd</sup> Trimester (3-6 months)	3 <sup>rd</sup> Trimester (6-10 months)					

## PSYCHOACTIVE DRUG HISTORY QUESTIONNAIRE

Client Name: Date:

DRUG TYPE	Used in Past 12 Months?	# of days used in	How Long Since Last	Typical Amount on Each Day	Clinical comments (e.g. drug name, dosage, patterns, periods of abstinence,
(1) NONE	Yes No Refused Missing 1 2 8 9	past 90 days	Drug Use? (see codes below)	of Use in the Last 90 Days*	used only as prescribed, length of use, age of first use, etc.)
(2) ALCOHOL: Beer/liquor/wine				20 00,0	
(3) COCAINE/CRACK: coke					
(4) AMPHETAMINES/OTHER STIMULANTS					
(5) CANNABIS: hash, weed, grass, pot, marijuana					
(6) BENZODIAZEPINES					
(7) BARBITURATES					
(8) HEROIN/OPIUM					
(9) PRESCRIPTION OPIOIDS					

How Long Since Last Used:

1=<24 hour

2=1-3 days

3=within last week

4=within last month

5=more than a month ago 10

DRUG TYPE (1) NONE	Used in Past 12 Months?  Yes No Refused Missing 1 2 8 9	# of days used in <b>past</b> <b>90 days</b>	How Long Since Last Drug Use? (see codes below)	Typical Amount on Each Day of Use in the Last 90 Days*	Clinical comments (e.g. drug name, dosage, patterns, periods of abstinence, used only as prescribed, length of use, age of first use, etc.)		
(10) OVER-THE-COUNTER CODEINE PREPARATIONS							
(11) HALLUCINOGENS							
(12) GLUE/OTHER INHALANTS							
(13) TOBACCO							
(14) OTHER PSYCHOACTIVE DRUGS							
How Long Since Last Used:	1=<24 hour	days 3=v	 within last week	4=within last mon	th 5=more than a month ago		
* See Guidelines for Describing "Amount" of Each Drug Use							
90 DAY WINDOW: START DATE (dd/mm/yyyy) END DATE (Yesterday) (dd/mm/yyyy)							

<sup>©</sup> Addiction Research Foundation, 1997, a division of the Centre for Addiction and Mental Health. Used by permission.



#### **JEAN TWEED CENTRE CLIENT AGREEMENT**

In signing this agreement, you agree to participate in Jean Tweed services as discussed with your JTC counsellor. As a client of the Centre, you have access to other Jean Tweed programs and we invite you to explore any that might be helpful to you.

#### As a client of the Jean Tweed Centre:

- This client agreement will be deemed valid while you are a participant in any services offered by the Jean Tweed Centre. Please note that you can withdraw this agreement at any time by telling your counsellor/case manager. Withdrawal of this agreement will result in discontinuation of Jean Tweed services.
- If there is no contact between yourself and the Centre after 90 days (or sooner, depending on the program) we will assume you have decided to terminate your service.
- Any personal information collected is kept confidential in paper and/or electronic files for a period of 10 years and then destroyed.
- We sometimes work with external/allied health service providers who may offer support directly to you, or indirectly to our clinical team. We may share relevant information with these health service providers as it relates to your care to better support you while you participate in Jean Tweed services. All health service providers (including Jean Tweed staff) are bound by the same policies/legislation regarding confidentiality and privacy.
- We ask for your consent before we share information about you with anyone outside the centre (e.g. family member, social service worker, child welfare worker, etc.). In these cases, we give your information only to the people you've agreed to, and to no one else.
- In some special situations, however, we may share your information without getting your express consent in writing first (e.g. emergency situation, if there is a risk you may hurt yourself or somebody else, if children are at risk, to those in your "circle of care", or when required by law).
- Our clinicians have access to a provincial health information sharing system
  (Connecting Ontario) which allows rapid access to your complete, up-to-date and
  accurate health information from various health care sources (e.g. participating
  hospitals). We will only access your information if it is helpful to your care and you
  have the right to block access to your information if you choose.

#### [Continued on Page 2]

Please see the Jean Tweed Centre's Privacy Policy for more information regarding how we respect and maintain your privacy.

#### Please sign here

If you have reviewed and agree to the above JTC Client Agreement, please sign below (please note that any reproduction of signatures below by fax and/or electronic transmission –including electronic copies - will be treated as though such reproductions are originals).

Client name	Client phone number
Client address	
Client signature	Date
Signature of witness	Date
Progra	m Evaluation Questionnaire
with you once you have completed	·
☐Email:	
(ema	il address)
☐Text Message:	
(cell p	phone #)
•	e JTC Client Agreement.  The above consent to the client/guardian and provided consent form or given verbal consent with an
Signature/Designation of Service	Provider Date



Client Name:	
Client Number:	

## Information about your emergency contact

Place tell us about your emergency contact:

In this agreement, we, our and us mean the Jean Tweed Centre. This includes everybody who works or volunteers for the Centre, even the people who don't get paid. 'You' and 'your' means anyone who is getting treatment from us.

By signing this form, you agree that we can get in touch with the person you tell us about below if there is an emergency. We call this person your emergency contact. We may also share information about the emergency situation with them.

riease ten us about your emergency conta	<del>101.</del>			
Name of your emergency contact:				
Relationship to you:				
Home phone number:				
Business or cell number:				
Please sign here:				
Your signature:	Date:			
Signature of witness:	Print name of witness/DATE:			
If you're under 16 years of age, your parent or guardian must sign below				
Signature of your parent or guardian:	Date:			
Signature of witness:	Print name of witness/DATE:			



## **Your Consent to Release Personal Information Third Party Disclosure Form**

l,	, authorize
l,(Print your name)	(Print name of person or Agency)
to disclose my personal information	on consisting of:
(Describe the inform	nation to be disclosed)
to:	n/agency to which information is to be disclosed)
(Name and address of person	n/agency to which information is to be disclosed)
this consent further authorizes	(Print name of person or Agency)
	(Print name of person or Agency)
to disclose the information noted	above to
for the following nurnoses:	(Print name of person or Agency)
	valid while you are a participant in any services offered by The Jean Tweed wing for a period not to exceed three (3) months.
- At any time, you may withdra you receive at The Jean Twee	w your consent, either verbally or in writing. This will not affect the services d Centre.
	ction of signatures below by fax and/or electronic transmission –including ated as though such reproductions are originals):
Client Signature:	Date:
Witness Signature:	Date:
Withdra	wal of consent to disclose personal health information
	, withdraw my consent to disclose the information noted above effective
(Print your name)	
(Date)	<del></del> ·
l,	, withdraw my consent to disclose the personal information consisting of
(Print your name)	
(Descri	ibe the information not to be disclosed)
nt Signature:	Date:
ress:	
ne number(s) where I can be reached:	
se provide as many details as possible.	. The Jean Tweed Centre will abide by the enclosed instructions where possible. All
drawal of consent to disclose requests	will be forwarded to our Chief Privacy Officer, who may contact you via telephone to
ew your request.	15



Client No:	
------------	--

#### **MEDICAL DATA SHEET**

Dear Doctor:

Sincerely,

Dr. Jan Dowsling, M.D.

Jean Tweed Centre Medical Consultant

Your patient has applied to the Day/Residential Program at the Jean Tweed Centre. The Jean Tweed Centre is a provincially funded non-medical program offering treatment to women with problematic substance use and/or gambling. To ensure the best care for this individual, we are requesting that you provide any relevant medical information.

Thank you for your assistance. If you have any questions, or, we can be of further assistance, please call us at: 416-255-7359 ext. 227 OR FAX 416-255-9021

Client Name: DOB: Date:

Heal	th Card Num	nber:				
1.	Brief Alco	hol & Drug Histo	ory: (any difficulty with wi	thdrawal, seizures	etc, length of use	)
2.	Significan	t Past Health H	story:			
3.	Significan	it Current Physic	cal Findings:			
4.	·	·	urrent Mental Status:			
5.	Please lis	t all medications	s, vitamins and suppleme		e for your patien	l's use:
NA	AME	DOSE/ FRQCY	COMMENTS	NAME	DOSE/ FRQCY	COMMENTS
			VITAN	IINS		
6.	Commun	icable Infection	ns & Immunizations: H	istory of Chickenpo	ox (VZV):	

MMR:\_\_\_\_\_ Tetanus:\_\_\_\_ Other: \_\_\_\_

JTC Medical Data Sheet Revised: January 2020

T.B. screening:\_\_\_\_

The Jean Tweed Centre					
J	T	C			
For Wo	men &	Their F	amilies		

Client No:	
------------	--

#### JTC MEDICAL DATA SHEET

	Troothe Traver Flotory in last o months.
8.	Significant Lab Findings – please attach (actual lab reports) The following tests are requ

7.	Recent Travel History in last 6 months:	
8.		(actual lab reports) The following tests are required: CBC, (within the last two months). If there is a history or suspected plytes (K+, Na+ and Cl).
9.	List ALL Known Allergies indicating severi	ty (i.e. life threatening) and medications:
	If life threatening, has an epi-pen been pre	escribed?
10.	Obstetrical History and Findings: For Pre	gnant Patients(only):
	Due date: Physician responsible for prenatal car	e:
	Address:	
	Phone Number:	Fax Number:
	Hospital for Delivery:	
	Complications of current pregnancy:	
	Management Plan:	
	Complications past pregnancies or deliver	ies:
11	In your aninian is your nations modically f	it to participate in this program? Vec = No. =

		\/	_	N.I	_
11.	In your opinion, is your patient medically fit to participate in this program?	Yes		No	

Please note any concerns:

12.	Any further comments?
	,,

Physician Name: Physician Signature:

Physician Address and Phone Number:

permission to release the above information to Dr. Jan Dowsling I hereby give Dr. (Medical Consultant for the Jean Tweed Centre) or to the Clinical staff processing receipt of admission information on behalf of Dr. Dowsling. I further authorize consultation with my physician in the event of a medical question or concern related to my participation in the program.

Client

Signature: Date



### How to give feedback/make a complaint

Welcome to the Jean Tweed Centre.
We have attached the feedback and complaints policy and procedure.
If you have feedback or a complaint please talk to your counselor. If you are not comfortable speaking to your counselor you can talk to a manager.
Thank you for your feedback.

# The Jean Tweed Centre Clients and Community Member Feedback and Complaints Policy

The Jean Tweed Centre will attend to client and community member feedback and complaints. Feedback can be made by any client or community member. It can be about any program, service or practice. Feedback can be about staff, volunteers, students, clients or other people you come into contact with at the Centre. If your feedback is a complaint and you give your contact information we will follow up with you within 10 days. Complaints will be treated fairly. If you make a complaint you will not be treated unfairly.

A **Client** is a woman and/or her family that has received or is receiving services from The Jean Tweed Centre.

A **Community member** is anyone that is not a current or past client of the Jean Tweed centre. This may include family members who are not receiving services, applicants, donors or the general public. It does not include staff, volunteers or students.

Feedback and complaints will only be shared with those who need to know about them. If your complaint is about something illegal the Centre may need to share it with the authorities. The Executive Director will share serious complaints with the Board of Directors by the Executive Director. All complaints are logged and kept in a safe location.

The Jean Tweed Centre posts this policy and the procedures. A copy is posted on the website. This policy and procedures follows the rules in the Accessibility for Ontarians with Disabilities Act.

#### **Procedures**

#### Feedback:

You can provide feedback in person, by telephone, in writing, or by delivering an electronic text by email or otherwise. Let us know if you want us to respond or take some action.

- a. In person: You can provide feedback to any staff member face-to-face or over the phone.
- b. In writing: You can write down your feedback on feedback forms, in a letter or in the email on the website. Some programs have satisfaction surveys that you can fill out. There is a suggestion box in the 215 Evans lobby.

You can ask for support from staff to give feedback or to make a complaint. Complaints:

Please make complaints within 10 working days of your concern if you can. We will respond within 10 days.

#### 1. Informal Process

Speak to the person you have a concern with first unless you do not feel safe to do so.

If you are a client you have the right to speak with your counselor about the program. Feedback about a counsellor can be directed to a manager. Clients and community members can ask any staff person to direct them to a manager.

If your complaint is not fixed informally move on to the next step.

#### 2. Formal Process

a) Write out your formal complaint. Make sure you include details such as who is involved, where and when the incident occurred, what happened, why you are concerned about the incident, how to reach you. If a staff person helps you they will add their name.

Put your complaint in a sealed envelope. Write "Feedback/ complaint" with the name or title of the person you want to send it to. *For example: "Feedback/complaint— send to manager".*This envelope can be left with any staff member. The staff member will give it to the right person.

You can send a complaint to feedback@jeantweed.com. In the subject line write "Feedback/complaint" with the name or title of the person you want to send it to.

You can ask to meet with someone from the Jean Tweed Centre. You can put this in your complaint.

- b) Someone from the Centre will answer your complaint within 10 business days. This might include a meeting. This meeting might be in person, by phone or video-conference. In some cases more time is needed.
- c) Sometimes another meeting will be needed. This meeting should take place within 10 working days.
- d) The Jean Tweed Centre will write a letter after hearing the complaint. This letter will be sent within 10 business days. Sometimes more time is needed. The letter will include a summary of the complaint. It will include details of any follow up.
- e) If you are not satisfied you can request a meeting with someone else.

#### Records

Your formal complaint will be kept in a secure location. Only the people who need to see your complaint will have access.

#### **Frivolous, Vexatious Complaints**

If you make a complaint that you know is not valid The Jean Tweed Centre will address this accordingly.