

The Jean Tweed Centre



For Women & Their Families

ANNUALREPORT

2012-2013



HOPE | HELP | HEALING

Who we are

The Jean Tweed Centre is a safe and supportive setting that offers a wide range of services for women experiencing problems related to substance use and/or gambling.

Recognizing the diversity of women's experience in today's society, our programs seek to address a range of issues in a woman's life that may contribute to substance use and gambling problems. Understanding each woman's experience within the broader physical, emotional, social, cultural and gender framework, we provide a client-centred approach to healthy recovery. Our services help a woman develop insight and life skills to reinforce healthy choices, now and in the future.

Our mission

The Centre provides counseling and care to assist each woman to restore herself to a meaningful life within her community.

Our vision

To be one of the most innovative, accessible and effective Centres responding to the needs of women with substance abuse and gambling problems and their families.



HOPE

Jean Tweed Centre Board and Staff

Board of Directors**Management and Staff**

Andrea M. Matheson

C. Ian Genno

Erin MacRae

Jan Lackstrom

Jean Desgagne

Jo-Anne Matear

John Culbert

Katherine Devlin

Mary Jane Cripps

Ross Gascho

Tony Scala

Alett Olivares

Amna Majeed

Amy Smith

Andrea Peca

Andrika Sutton

Anna Marson

April Furlong

Brittany Crusoe

Buffy MacGregor

Chelsea Kirkby

Christina Shaw

Christine Stein

Chrystal Rowlandson

Clorise Taylor

Danielle Nottle

Diana Dickey

Dianne McKay

Donna Peart

Dorothy Burley

Dr. Jan Dowsling

Elizabeth Campbell

Elizabeth Tapia

Erica Simpson

Eunice Bueno

Greta Mehic

Halina Below

Hortensia Puentes

Jaclyn Bristow

Jade Crozier

Janine Fischer

Jasmin McMechan

Jasmine Grantham-Smith

Jaylin Bradbury

Jean Hopkins

Jeannine Elzinie

Jennifer Smith

Jessica Manley

Josette Marshall

Judy Monk

Julia Bloomenfeld

Kaela McClarney

Karla Tarape

Katherine Burgoyne

Kathryn Mettler

Kelsey Jones

Laura Archer

Laura Devlin

Laura East

Laura Lanteigne

Lauriene Timleck

Lee Arima

Lisette Fernandez

Lorraine McKellar

Lucy Hume

Marianna Drew

Marcy McGaw

Mary Preston

Megan James

Meredith Maw

Nancy Bradley

Natalie Garbett

Pauleen R. Morris

Priya Ralhan

Rene Timleck

Rhonda Hanula

Richelle Panuncio

Rosalie Clarke

Rosemary DiFranco

Sabrina Appiah

Samantha Sterling

Sarah Dubeau

Sarah Johnson

Sharon Tauber

Shylee Colley

Sonali Sagare

Stephanie Huls

Susy Cannon

Tammy Rasmussen

Victoria Ho

Yonda Kim London

Zuhra Hodzic

REPORTS

Chair And Executive Director's Report

The Jean Tweed Centre, established in 1984, provided counselling and support to over 1146 women and their families. Our mission is to help women and their families reach their goals. To help achieve this, we continue to seek out opportunities to expand our services and programs in response to our clients' ongoing and emerging needs. Our Staff and our Board of Directors share a vision of service that includes the broad determinants of health, such as education, prevention, and early intervention. To this end we work collaboratively with our clients, their families, our volunteers and our community partners.

In 2012-13 we continued to be involved with Federal, Provincial, and Municipal projects and have had exciting opportunities to be part of system planning for services for women.

AN AGENDA OF SYSTEM CHANGE

The Toronto Central Local Health Integration Network (TCLHIN)

The LHIN embarked on the transformation agenda to bring system change to support people where they live. The TCLHIN plans through a network of Health LINKS to advance the integration of Health care. The focus is on supporting complex and at risk people through greater alignment and linkages between many health sectors. Over the next several months, the TCLHIN will roll out their plans and create service enhancements to help create a better system for complex and at risk people.

Jean Tweed staff participated in the planning for system change at many TCLHIN meetings and will continue to support the needed changes so that clients and their families have access to the best possible health care.

We'd like to share examples of our plans and projects:

Growing our Services:

This year we embarked on a plan to grow our services. With the help of the LHIN and our partners we developed plans and proposals to increase services in the Central West LHIN, the Central LHIN, our housing programs, our outreach services and our trauma program. In addition we received funding to open telemedicine services at Jean Tweed. These planned initiatives will result in a great enhancement of services in the future.

Supportive Housing:

The Elm Street Centre is a partnership with the YWCA and Wigwamen Incorporated. This Housing project is a 300-unit building that has 50 geared to income apartments, 150 below market rental units and 100 supportive housing homes for women with mental health and substance use problems. This year, in response to the TCLHIN's increase in funding, the support services increased at The Elm Centre so that all of the women would have access to the services. In addition, our second supportive housing project, a partnership with Mainstay Housing, continues to offer 32 units for women with substance use issues. These two housing initiatives are part of the system wide planning to support women and their families as they rebuild their lives. We know that housing is an essential need and determinant of health and we are excited to participate in the expansion of services in our system to include safe and stable homes.

Guidelines for Trauma Informed Services:

Through the Drug Treatment Funding Initiative, Jean Tweed developed guidelines for women with substance use problems and a history of trauma. Guided by a provincial advisory committee, the guidelines were written to enhance service provider knowledge about the specific issues associated with women's trauma and substance use and support their capacity to use evidence informed approaches. The guidelines are posted on many websites across the province. Webinars and presentations have been held and the guidelines will be further disseminated this year with events being held in Sudbury, Thunder Bay, London, Ottawa and Toronto.

Satellite Services:

This year we helped develop two more multi-partnership programs for women with substance use issues and who are parenting and/or pregnant. These two services replicate our Pathways to Healthy Families program. The partnership in Central West LHIN is with William Osler Hospital and with Black Creek Community Health Centre in the Central LHIN.

OUR BOARD

The Board of Directors of the Jean Tweed Centre is a very diverse governance board with many active committees. The Board governs the affairs of the Centre while leaving the day to day management of the operations in the hands of our Executive Director and her staff.

In keeping with our goal to strive for optimal board functionality and efficiency, this year we took part in a behavioural assessment exercise that analyzed board member personalities and how we function together, allowing us to identify gaps in our board composition.

In the coming year, the board will hold an annual board planning meeting to set goals for the board that align with the goals of the Centre. Our actively engaged and dedicated directors will ensure the goals are met with professionalism and mutual respect.

OUR THANKS

We wish to thank our donors, funders and partners for their support as we strive to continue to be innovative and responsive to system change and client and community feedback. We rely on their support and could not accomplish all that we do without their commitment to our organization.

We would like to thank our Board of Directors, our volunteers and students without whom we could not do all that we do. Your compassion, wisdom and willingness to help, keeps us strong and vibrant.

We want to thank our very dedicated staff for their wisdom and commitment to the women and families who use our services. Together we strive to achieve our common goal of providing the best services possible to our clients.

Thank you to the Ministry of Health, The Ministry of Children and Youth, Health Canada, the City of Toronto and the Toronto Central LHIN, for your support. We look forward to the future and to continuing our efforts to build a coordinated and effective Addiction Treatment System in Ontario.

We always to look to the future with enthusiasm and hope. We know that with the strong team involved at the Centre, we will continue to do what we do best—help women and their families build new lives.



Katherine Devlin, Chair of the Board of Directors and Nancy Bradley, Executive Director

REPORTS

Treasurer's Report

As Treasurer of the Jean Tweed Treatment Centre, it is with great pleasure that I present to you the Treasurer's report for the fiscal year ended March 31, 2013.

As Treasurer, it is my responsibility for ensuring that the Centre has financial controls in place to protect the Centre's assets and those budgets for each of the programs, prepared by the Centre's management, have been reviewed and approved by the Board of Directors. As part of this process, the Treasurer and the Finance Committee review the Centre's financial results on a monthly basis by comparing actual results to budget. This review also includes ensuring that the financial statements are prepared in accordance with Generally Accepted Accounting Principles. The Treasurer also works with the Centre's auditors who are responsible for reporting on whether the financial statements are in accordance with Generally Accepted Accounting Principles and are free from errors; the results of which are included in this annual report.

It is my pleasure to report that for the fiscal year ended March 31, 2013, the Centre managed its assets according to budget, maintained effective internal controls to protect these assets and prepared financial statements in accordance with Generally Accepted Accounting Principles.

I would like to thank the members of the Finance Committee, the Board of Directors and the Centre's Management for their support throughout the year. I would also like to thank the Ministry of Health, the Toronto Central LHIN, both Government and non-Governmental agencies, Foundations, Corporations and Individuals for their continued financial support of the Centre and everyone else who donated their time, energy and enthusiasm to such a worthwhile cause

John Culbert, Treasurer

REPORTS

Board Report

It is our pleasure to present to you the Board's work report for the fiscal year April 1, 2012 to March 31, 2013. We continue fulfill our responsibility of ensuring that Jean Tweed Centre's values and principles continue to be upheld at all levels of the organization. Here is an outline of some of the work that has been done by our committees this year:

Human Resources Committee Report

Through their participation in meetings of the Board of Directors in the fall of 2012 and in 2013, and in committee conference calls and meetings, the members of the Human Resources Committee ensured that HR issues and perspectives were considered and reflected in the Board's decisions.

Throughout the year the committee members also gave advice to the Executive Director on current legislative and marketplace developments affecting HR practices and on specific HR-related issues for which she sought counsel.

On behalf of the Board of Directors, I would like to thank the members of the Human Resources Committee for their participation and counsel in addressing these issues.

C. Ian Genno, Chair, Human Resources Committee

REPORTS

Nominating Committee Report

The Board of Directors put forward the following slate for 2013-2014:

Katherine Devlin	3rd year of a 3-year term	(2nd Term)	John Culbert	3rd year of a 3-year term	(1st Term)
Jean Desgagne	3rd year of a 3-year term	(2nd Term)	Jan Lackstrom	3rd year of a 3-year term	(1st Term)
Tony Scala	2nd year of a 3-year term	(2nd Term)	Ian Genno	1st year of a 3-year term	(1st Term)
Erin MacRae	1st year of a 3-year term	(2nd Term)	Mary Bolan	1st year of a 3-year term	(1st Term)
Ross Gascho	1st year of a 3-year term	(2nd Term)	Candice Best	1st year of a 3-year term	(1st Term)

The following are nominated to serve on the Executive Committee:

Chair	Katherine Devlin	Secretary	Jean Desgagne
Vice Chair	Erin MacRae	Treasurer	John Culbert

Fundraising Report

The Community Development department experienced some changes in 2013. Andrea Peca stepped down as the Philanthropy & Volunteer Manager in April 2013. Jennifer Linthwaite was hired as the Director of Development in June 2013. Jennifer brings a history of corporate partnerships, events, relationship management and community investment to the role. Jennifer has continued the inroads made by Andrea prior to her departure, focusing on the 15th Annual Staying on Course Golf Classic and strengthening the connection of existing donors.

Funding applications to corporations and foundations continue to remain a priority for the Centre. The direct mail campaign's continued growth is attributed to enhancing the relationships with past individual donors and stewardship of current individual donors. Informing current donors through the newsletter, provided current information about the Centre, create awareness of our needs and future goals, and also provided an opportunity to increase funding revenue.

The 15th Annual Staying on Course Charity Golf Classic is a successful major event for the Centre. This year we reached out to new participants and sponsors, expanding our exposure and donor base.

The Women and Gemstone campaign's year round activity played a good role in providing unrestricted revenue.

First party signature events, broadening our new donor database, reaching out to community members and cultivating reciprocal corporate partnerships will be a focus of development for the remainder of the year.

Direct Mail & Individual Donations

The direct mail program is an important way to connect with donors providing information to current and prospective donors about the Centre's current needs and initiatives. The current campaign raised \$16,407.24 in support of the Centre's work plan exceeding our budget. Individual donations provided \$21,492 of both restricted and unrestricted funds to the Centre.

Foundations

Foundations play a vital role in supporting the Centre's programs and services. Funding from foundations amounted to \$23,000 for both restricted and unrestricted funds.

Corporations

This year a total of \$30,400 was raised from corporate donors. These funds will be used to support specific services as well as the most pressing and immediate needs of the Centre. A goal for the upcoming year is to continue to seek out new corporate donors within our community.

Service Clubs

The Centre is grateful for the partnerships developed this current year. A total amount of \$11,362.92 was received. Cultivating new relationships with service clubs within our community and strengthening existing partnership is a goal for the upcoming year.

Third Party Fundraising

Community members play a vital role in third party fundraising as they assist in creating awareness of our services and also provide an understanding of the needs of the Centre. It is with sincere gratitude that we have been able to connect with individuals within the community as they selected the Centre to be a partner in their fundraising efforts. Third party fundraising raised a total of \$34,874.

Staying on Course Charity Golf Classic

The 14th Annual Tournament joined individuals and corporate sponsors from the community. The tournament continues to generate much needed unrestricted funds for the Centre. A net amount of \$28,445.53 was raised through Sponsorship, golf registration, silent auction and raffles.

Women and Gemstone Campaign & Tuck Shop revenue

Jewelry and tuck shop sales raised \$4167 in unrestricted revenue. We will continue to expand the program and seek new ways to promote the campaign.



Summary

This year a total of \$207,246.58 was raised in support of the programs and services provided at the Centre.

This achievement is possible as a direct result of our committed and generous donors, and our dedicated staff and volunteers.

We thank you for your continued support to The Jean Tweed Centre.

Jennifer Linthwaite, Director of Development

Services/Program Report

The Jean Tweed Centre is rapidly approaching its 30th year of service to the women of Ontario and their families. The past year, in particular, has seen considerable expansion of service with a full continuum of programming available to address substance use, mental health, problem gambling and key support services such as housing and child development. The following is a brief outline of our current menu of services followed by some highlights from the past year:

- Stabilization & Support: Drop-In groups X weekly
- Day & Residential Program: (3 week intensive)
- Day programming: for Mothers & Children (7 weeks)
- Outpatient Services : Individual Counselling, Family Programming, Trauma Services, & Continuing Care
- Child Development & Child Care Services: (licensed therapeutic child care on site)
- Outreach: Pregnant & Parenting Women (Pathways to Healthy Families)
- Outreach: Women with both substance use & mental health concerns as well as criminal justice involvement
- Outreach: (Trauma Informed Community Counselling) for transient women in the downtown core with substance use and/or mental health concerns

- Supportive Housing: St. Clare's Housing (partnership with Mainstay Housing) and preliminary planning to provide case management for 150 units at The Elm Centre (partnership with the YWCA).
- Ontario Telehealth: Initial approval and planning for on-site Nurse Practitioner in partnership with three existing community partners (Mainstay, YWCA & UHN).

Operational Initiatives: Early this year, a decision was made to fund JTC to provide case management services to 150 supportive housing units owned and managed by the YWCA Elm Centre. Seven staff were hired, including 2 Aboriginal workers to support 50 Aboriginal families in the adjacent Winona site, and located at the Elm St. Location. This expansion of supportive housing beyond the existing 32 unit partnership with Mainstay Housing will introduce a broader scope of service; JTC staff will offer support to women with mental health challenges, many of whom also have concurrent substance use concerns.



This expansion of supportive housing beyond the existing 32 unit partnership with Mainstay Housing will introduce a broader scope of service; JTC staff will offer support to women with mental health challenges, many of whom also have concurrent substance use concerns.

The Centre's hope to expand trauma services also became a reality this year with the funding of one additional staff on our out-patient team. With this added resource and a shift to groups along with one to one counselling, JTC will continue to offer a Seeking Safety group, in partnership with CAMH, and a number of additional groups including 'Parenting for Women affected by Trauma' 'Building Resiliency' to help women prepare to explore past traumas. A second stage trauma group has also been introduced for women further along in their therapeutic process. This group is offered via a partnership between JTC & Women's College Hospital. What was previously a single counselling service is evolving into a full range of staged programming.

JTC was also asked to help lead the community in developing partnerships to provide trauma-informed counselling to women with challenges related to substance use and/or mental health needs. This outreach service will be available to a particularly vulnerable and marginalized population and will be located at the YWCA, Elizabeth Fry Society, Sistering and The Fred Victor Centre.

The Ministry's recently released Provincial Narcotics Strategy will result in an injection of \$12 M in the Substance Abuse sector in the months ahead. Outreach to pregnant and parenting women is targeted for a portion of this funding (given the high risk for the children of women who are actively using) and many agencies are now attempting to replicate the model implemented in our Pathways to Healthy Families Program, including the Mom & Kids Too program. Two LHINs (Central West and Central Toronto) have expressed an interest in partnering with Jean Tweed to assist with planning and programming related to this initiative. Also, tied to the Narcotics strategy is a plan to partner with Breakaway Addiction Services to reach women with replacement therapy needs, i.e. methadone, suboxone. On a related note, we are happy to report that JTC has been approved for a third year of CAMH funding, via the Scarborough Addiction Services Program, to continue to provide a modified version of MK2 with our Scarborough partner, Rosalie Hall.

The most recent initiative of interest to Jean Tweed is the expansion of the Ontario Telemedicine Network across the province to provide Telehealth services in urban settings. JTC will partner with the YWCA, Mainstay Housing and UHN to access health services (primary health care as well as mental health) via telehealth using an on-site Nurse Practitioner.

On a more practical note, many projects big and small, are in the developmental process this year. Of particular interest is the agency's decision to shift from paper to electronic files. This is a complex process that is being phased in over this year and next. We were also able to produce a short DVD outlining the agency's programming; this will soon be on our web site as well as available on a loop in our waiting room.

Business as usual: In addition to the many new initiatives in development this year, JTC continues to respond to the ongoing demand for service in our day/residential programs with up to 25 - 32 women predictably arriving for both day programs. Many of these women have taken advantage of support services prior to treatment such as our Support and Stabilization program and may also have made use of child care and/or family support along the way; providing child care and child development services is of great benefit to women committed to parenting and eliminates the most significant barrier to service for women. There is also considerable evidence supporting the increased likelihood that women do better when their families are involved in treatment.

Cumberland House offers a warm and welcoming environment where staff (full-time and part-time) go the extra mile to ensure that safety and support are paramount. At Evans, counsellors, operating as a multifaceted and dynamic team, work tirelessly with every woman to help her identify a healthy path forward from 21 days, or 7 weeks in MK2, to as much as two years post treatment in our Continuing Care program. Similarly, outreach teams, often working in challenging environments, ensure that women and their children have the support they need.

We would be remiss if we did not note the efforts of our students and volunteers. Students from many universities and colleges arrive every semester with great enthusiasm and link up with experienced staff who are willing to mentor/supervise -- many of these students in fact join our staff team post graduation as openings occur. Our Volunteers also participate in many program activities, from greeting clients, reaching out to past clients to offer support, gardening, and helping out at our annual golf tournament -- to name just a few roles. We are grateful for their interest and their commitment.

Last, but far from least, the administrative staff are to be commended for their ability to keep everything in motion. Clients are met with a smile, new employees are signed on, bills get paid, files are opened, data is entered, budgets are monitored, and so on. Without these behind the scenes efforts, we could not function.

With 90 staff, the Centre offers an extraordinary collection of services and staff -- a talented and dedicated team with a shared commitment to helping other women and their families move forward with their lives.

The Management Team, Jean Tweed Centre



Poem by Sylvia

Admission day at Cumberland House
It was a damp and rainy day
We left at the latest possible time
At home I wanted to stay

We drove up the winding driveway
Tree lined on both sides
The drive to Cumberland House that day
It was the longest, longest ride

When we finally reached the residence
The first thing that I saw
Were 5 or 6 girls in a big brown tent
Laughing and smiling happily tra la la

I couldn't even imagine
Why they were so happy
All together like old friends
I was crying and wondering why and how
Did I come to this dead end

Once inside the old front door
With all my bags and stuff
I went straight to my room on the 2nd floor
To begin the journey oh so tough

For that entire day I cried and cried
Longing to be at home with my family
But also for the wrongs I made
And for what had become of me

I met my roomies, 2 great girls
Who made me feel at home
I was concerned that I'd bother them
As at night I'd like to roam

Met councilors and others
Who I'd share my inner fears
They'd talk me down and help me focus
And they'd help to dry my tears

For several days I questioned
How a month, a day or year
Could've spiraled so much out of control
And how I had so much fear

The ladies of Cumberland House, Jean Tweed
Are very special girls
Who each have many qualities
That compliment each others' worlds

Some are younger, some are my age
And a couple that are more
But each of us have common thoughts
Questioning why's and how's and what for's

To spend 21 days with all the women
Whom I always will remember
That helped me find the strength inside
The demon I could surrender

Up every morning at 6:30 sharp!
To start our daily tasks
Make our bed, do our chores
And don our daily masks

But shortly after I gave in
To believe in myself so true
I realized I couldn't do it on my own
That I needed the help from you

You, the women that I've come to love
And respect and so admire
I was able to write my goodbye to crack
And put it in the fire

Some days good, and some days better
Some worse, I cannot say
But through it all, right by my side
We're the Tweed women, all the way

So as I close and fondly take
All my tools for recovery
I want to thank each and every one
For helping me towards my Victory!

Fondly, Sylvia

Poem - I fight like a girl

I fight like a girl...me against the world.
They tried to destroy me but I walked away,
I've stared the devil's advocate in the eyes, was once tricked
by his lies, but proudly
stand free from him today.

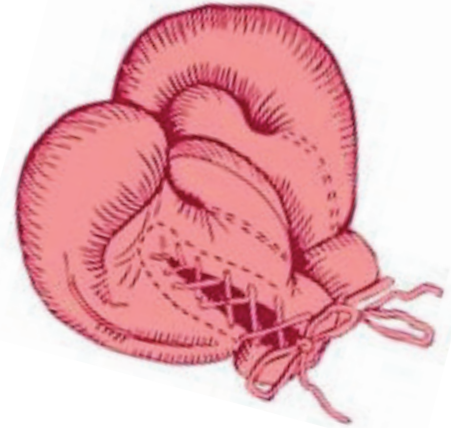
I fight like a girl who has been underestimated her whole life,
So I fight twice as hard, with all my might.
They see me as prey; they see me as weak,
But I fight like a girl, impossible to defeat.
I fight fiercely, fearlessly.
I've always been on guard,
I've spent my life trying to survive against the beast.

I fight like a girl,
Fighting for what's mine; my family, my dignity, my pride.
I fight because I refuse to hide.

I've been pushed and pushed and pushed
And shushed and shushed and shushed,
But I will not be silenced. I fight with heart, not violence.

I fight like a girl who has always had to fight.
I fight with my life on the line, I fight for what's right.
Never stupidity, jealousy or spite.
With nothing left, there's nothing left to lose,
Fighting's all I ever knew.
Fight for freedom, fight for fairness, fight for your rights,
I fight like a girl,
Fighting for my life.

By Shyleen



As you can see from our client's words below, our Centre, our supporters and the women who attend the programs, all work together to make a difference.

We thank ALL of you.

"I ended up at the doors of the Jean Tweed Centre. There, I was given the opportunity to look at myself and change the course of my existence."

"Jean Tweed was a refuge in the unforgiving storm of my addiction....the counsellors helped me to see that I deserved more out of life than the empty promises of what could be found at the bottom of a bottle."

"...I would be able to stay sober one day at a time. That was 12 years ago. I feel so much gratitude towards the Jean Tweed Centre for saving my life."

"Thank you for lighting the way, and believing in me. For believing the storm would pass, and out of the colours a brilliant sun would shine through."

"The word I hear most often from women who have also been through the program is 'grateful'. And that's the way I feel too."

"I will now blossom into the person I was meant to be."

"The setting provided an environment conducive to healing. Something that women need to do."

"I am so grateful that childcare is here so I that I can attend the

programs. My daughter loves coming to my meetings. She says, you go to your meeting Mommy, Nan goes to hers (the family program) and I go to mine."

"I found myself and I then learned about myself. Thank you is not enough!"

"It was important that the service was for women and you didn't need to hit rock bottom before you got help."

"I feel loved and cared for and am leaving with a saddened heart but a much stronger one."

"I learned that I am important."

"As soon as I got into the Jean Tweed program everything changed."

"I have grown in ways that you will never understand. Or should I say I could never express. I have gained my life back."

"You helped me see things I couldn't see and when I wanted to give up on myself you wouldn't give up on me. No one else has ever done that. Thank you."

"They never gave up on me and they never let me give up on myself."

Capacity Building And Partnerships

The Jean Tweed Centre has a long standing tradition of working in collaboration with other services and sectors. We believe we are stronger and more effective when we work together, share responsibility and tap into the creativity of varied mandates and perspectives.

The Jean Tweed Centre has been a leader in the development and promotion of Best Practices for Women with substance use and gambling problems. We have, for example, advocated for the inclusion of services for children in treatment settings, outreach services to marginalized women, and trauma support/informed services for all women seeking help. At present, we are engaged in numerous service partnerships in the Health and Social Service Sector and we are active participants in system planning at all levels of government and local service planning.

The following describes some initiatives currently underway:

Service Partnerships

Strengthening Families for the Future: A 14-week program delivered to families with child welfare involvement.

Partners: Centre for Addiction & Mental Health
(+ a host of sites located across the GTA)

Funder: Ministry of Children and Youth Services

UHN Mental Health Partnership: On site mental health assessments and access to follow-up psychiatric care coupled with training and knowledge exchange.

Partners: Toronto Western Hospital



Supportive Housing for women-led households who have
a) chronic/severe substance use or mental health concerns
b) concurrent mental health and substance use.

Partners: Mainstay Housing and YWCA

Funders: TCLHIN

Outreach Services for women who have both mental health and substance use problems along with current involvement in the Criminal Justice System.

Partner: Reconnect Mental Health Services

Funders: Mental Health and Justice Initiative, TCLHIN

Concurrent Disorders Support Service Networks – Toronto Central & Central West Initiatives: To enhance service capacity through knowledge exchange and improved access to concurrent disorder capable services.

Partners: A large number of cross sectoral service providers in the Toronto Central and Central West LHINs

Trauma group, Stage 1, “Seeking Safety”

Partners: CAMH in collaboration with Women’s Substance Use & Mental Health Network

Funder: TCLHIN

Outreach/Trauma informed Counselling for women who are vulnerable and marginalized and have substance use or mental health concerns, or both.

Partners: YWCA, Elizabeth Fry Sistering & Fred Victor.

Funder: TCLHIN

OTN/Telemedicine Initiative provides funding for a Nurse Practitioner to address health care needs of women in an effort to make community care more accessible and divert unnecessary ED/hospital visits.

Partners: Mainstay Housing, YWCA and UHN

Funder: TCLHIN

Outreach to Pregnant & Parenting Women in the Central West LHIN (Brampton)

Partners: William Osler Health Centre, Bramalea CHC, and Safe Centre Peel

Funder: Central West LHIN (via William Osler Health Centre)

Outreach to Pregnant & Parenting Women in the Central Toronto LHIN (North Toronto to Simcoe) – Program Development

Partners: Black Creek Community Health Centre

Funder: CTLHIN

Outreach to Women to provide Substitute Therapies, i.e. methadone, suboxone

Partner: Breakaway Addiction Services

Funder: TCLHIN

Outreach to Pregnant & Parenting Women in the Toronto Central LHIN (Pathways to Healthy Families); Etobicoke/Downtown/East Toronto/Scarborough

Partners: Rosalie Hall, Robertson House/Massey Centre, Native Women's Resource Centre, Native Child & Family Services (Scarborough site) and Rexdale Women's Centre.

Funder: TCLHIN

Concurrent Disorder Network (Central West) for Information Exchange, Referral Consultation & Training

Partners: Reconnect Mental Health Services (lead agency for Network)

Funder: CWLHIN

Concurrent Disorder Network (Toronto Central) for Information Exchange, Referral, Consultation & Training

Partners: Fred Victor Centre (lead agency for Network)

Funder: TCLHIN

Capacity Building

Pathways to Healthy Families: Training, education and consultation for services networks across Toronto.

Partners: Housing/Shelter, Community Health Centres, Youth Education/Substance Use Services



Years Of Service Recognition 2013

Once a year, the Jean Tweed Centre celebrates staff who have worked at the Centre for two, five, ten, fifteen, twenty and twenty-five years. This year, we acknowledge the contribution of these highly valued staff members:

2 YEARS OF SERVICE

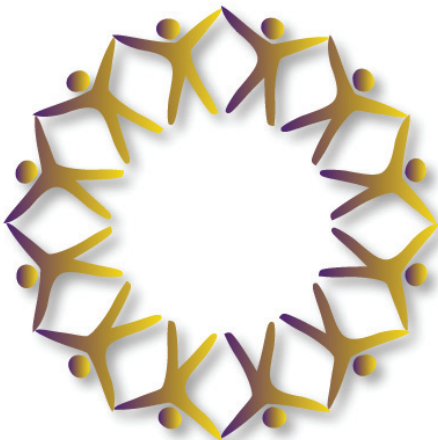
- Sarah Dubeau
- Laura Lanteigne
- Josette Marshall
- Jaclyn Bristow
- Meredith Maw
- Kaela McCarney
- Priya Ralhan
- Alett Olivares

10 YEARS OF SERVICE

- Dianne McKay
- Elizabeth Campbell

15 YEARS OF SERVICE

- Julia Bloomenfeld
- Christine Stein



Volunteer Recognition 2013

We are grateful to our volunteers as they selflessly offer the women, children and the Centre their time, efforts and dedication. Their contribution makes a tremendous difference in the work we undertake each day. We thank each and every volunteer for being a special part of The Jean Tweed Centre.

Adriana Violo
Amanda Carpenter
Andrea Comini
Angie Reichenbach
Ashley Davidson
Barin Popal
Carly Clifton
Carol Dunphy
Carol Garry
Catherine LeBlanc
Cathie Miller
Chantal Fougere
Clare Sheedy
Ela Bielski
Esmine Masters

Helena Johnson
Jenna Hofabuer
Jill Illidge
Josie Pianta
Joyce Bibiane-Weir
Karen Elstone
Lea Brkan
Nanci Harris
Sharlene Beavies
Sharon Garvey-Patrick
Steve Reichenbach
Surraya Aziz
Tina Chana
Vanessa Blake
Yvonne Russell



Our History

The Jean Tweed Centre was established in 1983 named after Jean Shannon Tweed - a woman who saw the need for a safe and supportive environment for women to address their substance use issues. Jean was a pioneer in advancing the cause of women-specific programming and it was to acknowledge and validate her beliefs that the Centre was named in her honour.

Since its founding, the Centre has evolved and grown to become a leading community-based substance abuse and problem gambling agency for women in Ontario. The Centre offers a wide range of services including residential and day programming; two day programs now exist – one 3 weeks and one 7 weeks for mothers with young children. We also offer out-patient programs including family and trauma counseling, and outreach services in various locations across the city for pregnant and parenting women. Most recently, we have added a second outreach service to women who have mental health and substance use problems as well as involvement in the criminal justice system.

After many years of identifying the absence of child care as a barrier for women and offering limited and temporary child care, The Jean Tweed Centre, with the support of its generous donors, now offers a fully licensed therapeutic child development centre on site. In keeping with our focus on women parenting and children, our child care staff routinely conducts parenting and attachment workshops, parenting consults and child developmental assessments.

The Jean Tweed has a long and proud history of advocacy, collaboration and leadership. Additional examples of ground-breaking initiatives include:

More than a decade ago, the Centre established a provincial network for agencies working with women where knowledge exchange and shared mandates contributed to the growth of sector wide expertise in women-centered care; prominent among these is the importance of trauma informed practice.

In 2004, the agency led a provincial review of Best Practices for Women and Substance Abuse culminating in a provincial conference in 2008.

The Centre is committed to working in partnership with other related services as a means to reduce barriers, enhance capacity and provide seamless care. Working from this framework, the Centre has, more recently, expanded its reach to include mental health supports and permanent housing for women and women-led families.



On September 10th 2013, the Jean Tweed Centre held the **15th Annual Staying on Course Golf Classic** at the Sleepy Hollow Golf and Country Club in Stouffville. Eighteen rounds of golf were capped off with a dinner reception, raffle and silent auction. Nanci Harris hosted the event and speakers included Katherine Devlin; the Chair of the Board, Tony Dickinson; the Chair of the Golf Committee, and Nancy Bradley; the Executive Director of the Centre.

We hosted 90 participants welcomed both new and familiar faces. Sponsors included The Canadian Depository for Securities, Wellington Financial, KPMG, Heyday Law Firm, Dynamic Funds, Amy Benson and St. Georges on the Hill, Remark, Sharp Canada and Bryan Baker Financial.

The event raised over \$21,000 of funds for the Centre. We would like to thank the participants, sponsors, volunteers and Golf committee members who worked together to make the day a success.

The 16th Annual Staying on Course Golf Classic will be held on Tuesday September 9th, 2014. Details will be available in our newsletter and on our website in the new year. We look forward to another successful day!



The Jean Tweed Centre

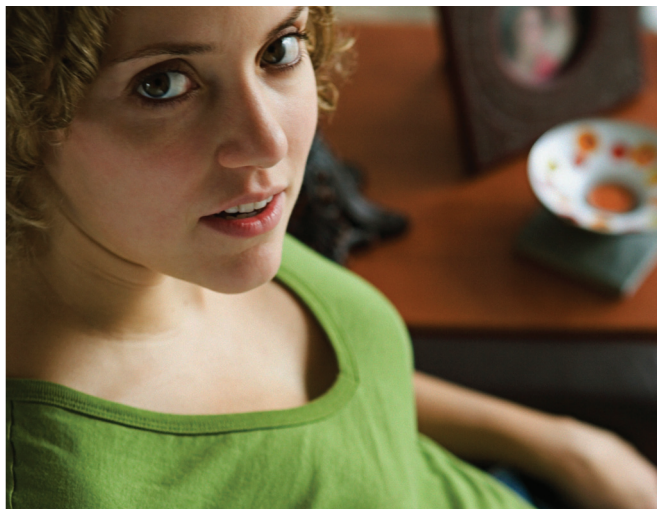


For Women & Their Families

215 Evans Avenue, Toronto ON M8Z 1J5

T | 416.255.7359 F | 416.255.9021

www.jeantweed.com



HOPE | HELP | HEALING