



ANNUALREPORT

2014-2015



The Jean Tweed Centre



For Women & Their Families

hope. help. healing

who we are

The Jean Tweed Centre is a safe and supportive environment that offers a wide range of services for women experiencing problems related to substance use and/or gambling.

Recognizing the diversity of women's experience in today's society, our programs seek to address a range of issues in a woman's life that may contribute to substance use and gambling problems. Understanding each woman's experience within the broader physical, emotional, social, cultural and gender framework, we provide a client-centred approach to healthy recovery. Our services help a woman develop insight and life skills to reinforce healthy choices, now and in the future.

our mission

We provide excellent care to support women and their families in the pursuit of health and well-being.

our vision

To be leaders in the delivery of innovative, accessible, and effective services that address substance use, mental health, and/or problem gambling experienced by women and their families.



APRIL 2014-MARCH 2015

Jean Tweed Centre Board and Staff

Management and Staff

Alett Olivares	Jaylin Bradbury	Marcy McGaw
Amna Majeed	Jean Hopkins	Margaret Czarnecka
Andrika Sutton	Jeannine Elzinie	Mary Preston
April Furlong	Jennifer Linthwaite	Megan James
Baldip Atwal	Jennifer Smith	Melody Pomares
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Dorothy Burley	Karen Marquis	Rosanra Yoon
Dr. Jan Dowsling	Karla Tarape	Rosemary DiFranco
Elana Haier	Kassandra McConnell	Sabrina Appiah
Elif Giray	Katherine Burgoyne	Samantha Sterling
Eloisa Trevino	Kathryn Mettler	Sarah Dubeau
Erica Simpson	Katie Dunnigan	Sonali Sagare
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Janine Fischer	Lucy Hume	
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Board of Directors

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Mary Jane Cripps

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Jan Lackstrom

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Chair and Executive Director's Report

The Jean Tweed Centre offers support to women and their families affected by substance use, mental health and problem gambling. Established in 1984, this has been the Centre's driving force for more than three decades. To achieve this, we strive to provide excellent care that is responsive to our clients' ongoing and emerging needs.

Our Board and staff share a vision that is inclusive of all determinants of health, including gender. To this end, we continue to play a leadership role in promoting trauma informed practice across the province and beyond. Together, with our clients, volunteers and our community partners, we aim to ensure the best care possible. Our planning and priorities for the future are clearly aligned with those of our funders and we are firmly rooted in a framework of accountability and evidence informed practice.

In this past year, 2,492 women and their families were supported through a range of programs and services from child care to housing, from residential treatment to community outreach. The Jean Tweed Centre is committed to making a difference in women's lives.

Some examples of the agency growth and expansion in the past year include:

- The addition of two new roles in the agency, project coordination & management and information management & knowledge dissemination. These key functions reflect the level of innovation and expansion in service delivery which require dedicated support and the need for expertise. Effective planning, dynamic policy, converting data to intelligence, research and evaluation – these are all incorporated as fixed entities in our own learning and our growing contributions to our sector and beyond.
- Participation in evaluation research to examine the impact of outreach services to pregnant and parenting women on their children. Partnering with the Centre for Mental Health (CAMH), and the Canadian Institute for Health Research and the Ministry of Health and Long Term Care (MOHLTC). The impact of service on children on such key concerns as birth weight, FASD, etc. has been a long time interest of the Centre and we are delighted to be involved in this study.
- We continue to grow our supportive housing services and were successful in a joint partnership with Mainstay Housing in securing an additional block of 16 units of permanent housing with intensive support. Moreover, we continue to explore other housing options to complete the existing continuum, i.e. transitional housing. One time funding was made available by the TCLHIN to extend support to Nazareth House which offers transitional housing for pregnant and parenting women with substance use challenges. A natural fit for the services offered to this population by JTC, it is the intention of both agencies to explore an ongoing relationship.

OUR BOARD

The Board of Directors of the Jean Tweed Centre is a very diverse governance board with many active committees. The Board governs the affairs of the Centre while leaving the day to day management of the operations in the hands of our Executive Director and her staff.

This year the board appointed a new, Executive Director, Lucy Hume. Lucy's experience and credentials distinguished her as the obvious successor to Nancy Bradley. The board is delighted that Lucy is transitioning seamlessly into her new role. Lucy has great plans to expand services at the Centre to reach underserved women while continuing the legacy left by Nancy's work.

Almost immediately upon her appointment, the board began the process of developing a strategic plan for the Centre with Lucy. The coming year will see the board work together with Lucy to finalize the plan and begin the process of implementation. Board members are excited to be part of this period of change and look forward to the coming year.

GRATITUDE

Many of the supplementary supports, new initiatives and additional service we offer clients would not be possible without the generosity of our donors and volunteers who give on so many levels. For example, having evening staff in our Child Development Centre, making repairs to our playground, and the ability to pilot new initiatives – these are all activities supported by fund-raised dollars. Similarly, our work is enriched every day by the role our community partners; in our efforts to eliminate barriers and silos we have collectively created a much more effective network where clients are less likely to fall between the cracks.

Finally, we acknowledge our funders, the City of Toronto, The Ministry of Children and Youth, and our primary funder, the Ministry of Health and Long Term Care through the Toronto Central LHIN, who provide leadership to our sector along with the fundamental and consistent support to do what we do best – help women and their families.

**Katherine Devlin, Chair of the Board of Directors
and
Lucy Hume, Executive Director**



MY STORY



Annika

In 2010 I was in the biggest denial of my life. I was a functional user and did not think that I needed help until CAS came to my door. They recommended that I go to a hospital outpatient day program. Unfortunately, even after attending that program, I still felt something was missing and that I needed to get to the root causes of my addiction.

After my time at the hospital, I had the worst year of my life. In 2013, my children were taken from me and they were passed on to my sister, who later gave them up to foster care. This caused me a lot of anguish and this is when I knew I had to face my demons.

I was on the waitlist for the Jean Tweed Centre's Residential Program and thankfully the Intake Team was able to get me into the program quickly when another woman cancelled her spot at the last minute.

The staff at the residence, Cumberland House, definitely had their hands full with me and I thank them for their patience. As I learned more about my substance use and how it relates to my trauma, I began learning ways to ground myself and cope in healthier ways. After my time in the residential program, I finally felt that "I am a strong capable woman worthy of recovery". A women's only program was a big thing for me – I really benefitted from women supporting each other and becoming stronger together.

I also participated in the Mom and Kids Too (MK2) program and the support I received helped me change an unhealthy environment to the healthy safe home that my children live in now. It helped guide me to cope better and also brought me and my children closer together. It was truly amazing experience to be in the MK2 program.

I am also extremely grateful for the outreach support through the Pathways to Healthy Families Program as I was supported right from the shelter, to my home, and continue to stay connected now. They helped me stay grounded and the continued support is helping me reach my goals.

With the help of the Jean Tweed Centre, I have been able to commit to working on my recovery and I have gotten to where I am today. I am extremely grateful for the experience, as overwhelming as it was, as it helped me control my addiction and regain my power.

The beautiful women I met and the stories that we shared is something I will treasure and take with me throughout my life. These memories keep me strong and remind me of how far I have come. I was a single mother mad at myself, the world, and all the hurt that life brought me. Now I can be the mother I want to be to my beautiful kids. From the beginning of my addiction to ten years later...I now have a plan...or as I call it a "work in progress".

Program and Services Report

With over 30 years of providing service to women and their families, the JTC has a strong foundation on which to provide high quality programming. We continue to provide tried and tested programs that improve the health and well-being of women and have also expanded our competencies to address the increasing complexity of issues that women are facing, including mental health, concurrent mental health and substance use challenges, trauma, housing, etc.

The following is a list of our current services and highlights from the past year:

- Stabilization & Support/Assessment & Service Planning
- Day & Residential Program (3 week intensive)
- Day Programming for Mothers & Children “MK2” (7 weeks, flexible)
- Outpatient Services: Individual Counselling, Family Programming, Trauma Services & Continuing Care
- Outreach Services: Justice & Co-occurring Mental Health/Substance Use, Trauma Informed Community Counselling, and Counselling/Case Management support for Pregnant & Parenting women
- Supportive Housing: Partnership with Mainstay Housing for 32 units and a second partnership with the YWCA Elm Centre for 150 units
- Primary Health Care available at three partner agencies via Ontario Telehealth Initiative

The JTC’s supportive housing partnerships continue to provide safe, permanent housing to women with complex substance use and/or mental health concerns. The Addiction Supportive Housing, in partnership with Mainstay Housing, in its fourth year, has been approved to add additional funding to add 16 units to the current 32 offered in the next year. This growth will allow more access for women and their families to affordable, supportive housing.

The Elm’s Centre housing, in its third year, continues to increase the intake of women into the housing program. This program consistently shows a reduction in Emergency Department visits which is an important indicator tracked by the TC LHIN as it shows how supportive housing relieves pressures on the health system.

The JTC continues to provide a range of trauma and trauma-informed services both on-site and in the community. Most recently, the Centre offered their first trauma group specifically for women with problem gambling concerns. The trauma team also partnered with Women’s College Hospital (WCH) to co-facilitate their Trauma and the Body workshop for both JTC and WCH clients.

In addition, JTC’s trauma counselors have provided a number of trainings, presentations, and consultations in the community to help build capacity in this area as well. Feedback from these trainings indicate that there is a desire for more learning and skill building in this area from community partners and others working in the health and social services.

Our Pathways outreach service, Mom & Kids Too program, and our Child Development Services, together, offer a full spectrum of flexible and innovative services to pregnant and parenting women. Through the generosity of our host partners (Rosalie Hall, Robertson House, Massey Centre, and Native Child & Family Services), Pathways workers are able to deliver services across the city and to those populations of women who are especially marginalized. Fetal Alcohol Spectrum Disorder remains an area of focus and our outreach counselors share their expertise with partners in the community to build knowledge and awareness around this issue. Staff members are also involved in building public awareness around the issue and participate in International FASD Awareness Day every year on September 9th (the 9th day of the 9th month).

The JTC’s Urban Telemedicine program remains in high demand and our Nurse Practitioner is available in person and via videoconferencing to address the wide range of acute health issues women are facing. In the past year, the program has seen an increase of use in its videoconferencing use as more staff members and clients became comfortable with the technology. This increased accessibility to the Nurse Practitioner (NP) has helped reduce barriers to primary health care and allows women flexibility in their care. One area of this program that continues to be quite popular is the provision of smoking cessation support through a partnership with the Centre for Addiction and Mental Health with our NP facilitating access to Nicotine Replacement Therapy.



Jean Tweed staff members participating in the Pregnant Pause Baby Bump Gathering at Nathan Phillips Square in front of Toronto City Hall – an event to raise awareness around avoiding alcohol use in pregnancy.

Our wraparound services (Family, Individual Counselling, Trauma, and Continuing Care) continue to support women and their families as they navigate through the process of reaching their goals related to substance use and mental health. These services allow women and their families flexibility and seamless support

during a time when stability can be difficult to find and maintain. Consultation with clients in the continuing care program validated the importance of this type of support as women shared their appreciation of the care they received as they transitioned away from the more intensive programming that the centre offers to more independence.

Our residence, “Cumberland House”, has undergone major updates over the past year and the external façade has been restored in keeping with its historical décor to maintain its heritage building status. The women who stay at the house are able to enjoy the restored home along with the tranquility of the lake and park that surrounds the house.

The JTC has expanded its evaluation and reporting capacity over the past year. With more focused resources in this area, the agency saw an improvement in its data quality as monitored by the Ministry of Health and Long-Term Care (MOHLTC) through the Local Health Integration Network (LHIN).

At Jean Tweed, we rely on quality data for the purposes of program planning, evaluation and inclusion in funding opportunities. At a system level, LHINs’ interest in these scores is increasing as they place greater emphasis on accountability. It also reflects the value that Jean Tweed staff place on information that will help better meet the needs of our clients and our communities.

In addition to the above services, our administrative team has provided immeasurable support in the past year. This team ensures that the agency runs smoothly and that the daily operations are taken care of. They are often the first contact for women walking through the front doors or calling the agency on the phone. Women accessing the JTC services often comment on the warm, non-judgemental welcome that they receive from the welcoming staff members at reception.



Program Highlight

Reaching out to Women "ROW" - Bringing Trauma-Informed Mental Health and/or Substance Use Support into the Community

There is a significant interconnection between the experience of co-occurring mental health and substance use issues with women who have a history of trauma. Since trauma is so often the root of substance use and mental health issues, our new ROW program is trauma-informed and when appropriate, trauma specific services are also made available.

Counselors in this program work primarily on site at our partner agencies, Sistering, Elizabeth Fry, Fred Victor, and the YWCA First Stop shelter, to reach women in related sectors (e.g. shelter system and criminal justice system). This allows women to access these services in locations that are accessible to them and to build trauma-informed capacity within other sectors.

This program has served 175 women during the 2014-2015 year. With a reduction of 83% in Emergency Department use by women in the program. Women have also shared that they have learned a number of coping skills that they find help them to progress toward their goals, e.g. mindfulness. Women have also shared that even a brief meeting with counselors in this program can be very helpful as it provides an opportunity to talk, guidance on regulating emotions, an understanding of their issues, and a safe space to feel supported.



ABOUT OUR PARTNERS



Elizabeth Fry Toronto provides support to women who are, have been, or are at risk of coming into conflict with the law. | www.efrytoronto.org



Sistering is a women's agency committed to serving women whose lives have been affected by poverty, homelessness, mental health and substance issues, violence and trauma. | www.sistering.org



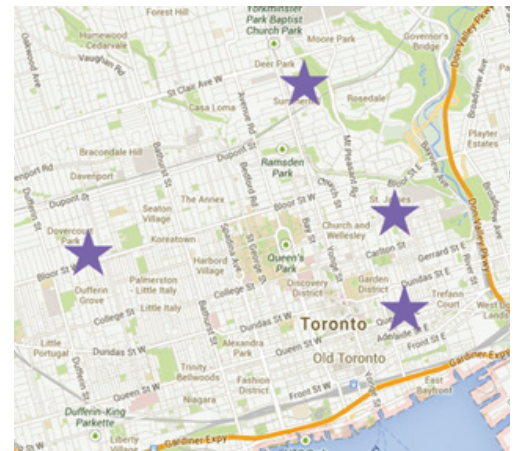
Fred Victor is a multi-service agency providing a range of services to adults experiencing the impact of sub-standard housing, living in shelters, or on the street, or have little to no income. | www.fredvictor.org



YWCA First Stop Shelter provides free shelter and support to women 16 years of age and older who are homeless or in immediate crisis. First Stop helps women get out of crisis and move on to independence and safety. | www.ywcatoronto.org



From left to right: Laura Levin, Elif Giray, and Cassie Fischer



Map of ROW locations

Financial Statement

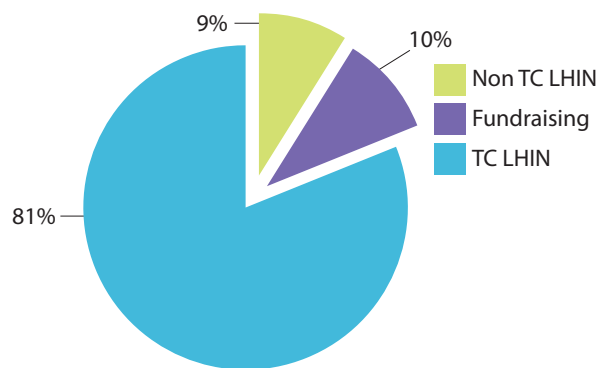
Statement Of Operations Year Ended March 31, 2015

					2015	2014
	TC LHIN	Non-TC LHIN	Fundraising	Capital asset fund	Total	Total
Revenue:						
Operating Grants	\$4,155,003	\$456,609	\$ -	\$ -	\$4,611,612	\$4,572,211
One-time Funding	41,054	-	-	-	41,054	-
Donations and fundraising	-	-	537,764	-	537,764	176,261
Child care subsidies	66,185	-	-	-	66,185	62,193
Interest income	-	-	9,668	-	9,668	9,521
Transfer to capital asset fund	-	(2,307)	-	2,307	-	-
	4,262,242	454,302	547,432	2,307	5,266,283	4,820,186
Expenses:						
Salaries	2,838,583	316,944	82,176	-	3,237,703	3,172,011
Employee Benefits	451,097	48,012	13,478	-	512,587	476,682
Office and general	687,376	89,346	8,302	-	785,024	770,340
Rent and utilities	282,607	-	-	-	282,607	263,350
Special projects	-	-	76,668	-	76,668	23,741
Fundraising activities	-	-	63,500	-	63,500	52,880
Amortization	-	-	-	39,756	39,756	56,010
	4,259,663	454,302	244,124	39,756	4,997,845	4,815,014
Funds due to TC LHIN	2,579	-	-	-	2,579	1,686
Excess (Deficiency) of revenue over expenses	\$ -	\$ -	\$303,308	(\$37,449)	\$265,859	\$3,486

Toronto Central (TC) LHIN Funds

Program	\$	%
Operating Fund	\$1,836,057	44%
Pathways to Healthy Families	791,124	19%
ASH Supportive Housing	341,040	8%
YWCA Supportive Housing	594,490	14%
Reaching Out to Women (ROW)	215,000	5%
Ontario Telemedicine Network	116,700	3%
Nazareth House	130,000	3%
Problem Gambling	108,242	3%
Sessional Fees	22,350	1%
Total	\$4,155,003	100%

Funding Sources



Non-Toronto Central (TC) LHIN Funds

Program	\$	%
Central West Pathways	\$187,500	41%
City of Toronto Investing in Neighbourhoods	41,273	9%
Criminal Justice Initiative JAM	93,600	20%
Black Creek Pathways	35,000	8%
Strengthening Families	91,463	20%
Women's Addiction Network	2,773	1%
Parent Action on Drugs	5,000	1%
Total	\$456,609	100%

Individuals Served

Program	2015 # of People	2014 # of People
Substance Abuse	1,828	1,752
Problem Gambling	75	90
Supportive Housing	32	32
Supportive Housing YWCA	103	86
Reaching out to Women	173	123
Ontario Telemedicine Network	281	173-
Total	2,492	2,256

OUR DONORS

A Tribute to Margaret Chambers

In 2013 the city of Toronto lost a great philanthropist, Margaret Chambers. The loss of Margaret is deeply felt by many people across the province from all generations, for whom she was a counsellor, mentor, confessor, colleague, shoulder-to-lean-on and ally, never with judgment, and always with wisdom and love. Margaret's generosity and compassion for women's causes was extraordinary. The Jean Tweed Centre, Victoria University (University of Toronto), Toronto East General Hospital, Women's College Hospital, Jocelyn Palm for Glen Bernard Camp, Canadian Cancer Society and TVO are but a few of the beneficiaries of her generosity.

Margaret was a leading supporter of The Jean Tweed Centre for many years and in 2014, we received the largest individual donation in the history of JTC from Margaret's estate. Her charity has made a significant and positive impact on the lives of women and their families in our community. Simply put, Margaret changed lives for the better. "I think we women should support women's organizations," she explained. Margaret was born on October 18, 1916 in Norwich, Ontario, the only daughter of George and Edith Chambers.

The family moved to "The Beach" neighbourhood of Toronto where Margaret lived her entire life. Margaret graduated from Malvern Collegiate in 1934, and with her mother's encouragement, completed her BA in mathematics at Victoria College in 1938. As one of the first six employees at the Co-operators, she became a successful executive, serving the Company for more than twenty-five years. Margaret joined the Venture Club and then the Soroptimist Club for business women where she made many life-long friends. She loved to read the business section in the Globe and Mail, travel the world, play bridge, go to the theatre, attend lectures and warmly host friends at the Granite Club.

Margaret attended Glen Bernard Camp in her teen years, and believed that it transformed her life. From then on, she did everything in her power to ensure that girls were able to experience the special gift of risk taking and leadership. Margaret Chambers was an example to her many admirers of how to live life long and well. She will be remembered for her clear mind, big heart, integrity and grace. Thank you to Margaret for her dedication to not only The Jean Tweed Centre, but to women's causes across the city. Her kindness and legacy will continue to be felt throughout the years.

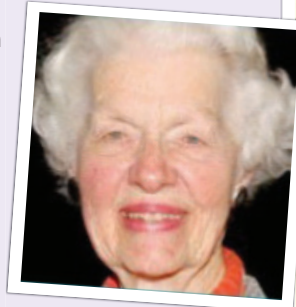


Photo of Margaret and Beach neighbourhood where she lived her entire life.

OTHER DONORS – 2014-2015

This year our Holiday Direct Mail Campaign raised over \$16,000 for the Centre. Thank you to the countless individuals who contributed. The Centre also benefited from two large individual contributions. John Burzynski and the Bay Street Santa Walk donated a significant amount during the holiday season. Our long time supporter, Dr. Catherine Steele generously made one of our largest individual donation of the season in December. We would also like to thank Moti Jungreis, who has been especially supportive of the Centre's services for women and children. To the countless individuals who donated toys, books and clothing for children attending the CDC. These acts of kindness made a real difference for the children. Thank you.

Beyond our individual donors, the Centre is very grateful to the generosity of senior representatives of the mining and resource industry. Mining for a Heart of Gold is an evening of entertainment, celebration and support for an "outstanding charity". With Shawn Ruddy in the lead, Mining for a Heart of Gold has selected the Jean Tweed Centre as the recipient of the evening's proceeds for five years running. Shaun and his colleagues have been long-time friends of the centre.

Local business have also been very generous as well, i.e. CIBC Children's Foundation, Shoppers Drug Mart Foundation and the Rotary Club of Etobicoke. Of course there are many avenues of support for the Centre from generous individuals like Claire who spends countless hours gardening at both Cumberland House and Evans, to corporate teams such as Rogers whose employees 'give a day' to do whatever needs doing, i.e. painting and organizing our donation closet. This is generosity personified and we thank you.

2015

Volunteer Recognition

We are grateful to our volunteers as they selflessly offer the women, children and the Centre their time, efforts and dedication. Their contribution makes a tremendous difference in the work we undertake each day. We thank each and every volunteer for being a special part of The Jean Tweed Centre.

Ajay Lad	Karen Elstone
Anne Roche	Karen Pitter
Ashley Baker	Lisa Hanshar
Carol Garry	Nafisha Somani
Clare Sheedy	Nanci Harris
Ela Bielski	Rubina Mangat
Esmine Masters	Stephanie McDonald
Geraldine Rochefort	Steve Davidson
Gertrude Mushikori	Susan Pratt
Joan Singh	Tony Dickinson
Joanna Morrison	Trisha Napper

"I've learned what I deserve from other people. I have developed deeper, more respectful relationships"

"I no longer define myself by the relationships that I'm in"

"I would rather be sober no matter what. I can't imagine going back. I don't miss it. I like myself too much now"

"Every day is a new day. There is always hope. I get to become who I want to be instead of holding on to all this stuff. I'm not trapped by my history."

What our clients are saying...

Our Locations

The Jean Tweed Centre day/residential programs and outpatient services operate out of 215 Evans Avenue and Cumberland House.

215 evans avenue

This location functions as the agency (administrative and program) headquarters for all services including childcare. This facility is wheelchair-accessible and is readily accessible by public transit. Parking is free.



cumberland house

This Victorian brick house has been 'home away from home' for women attending residential programs at the Centre. Two-and-a-half stories high, with a gable roof and roundhead windows, Cumberland House has been identified as an important heritage structure by the Ontario Heritage Foundation, and is listed in the Canadian Inventory of Historical Buildings. It was designed by Kivas Tully, a 19th century provincial architect, who also designed Victoria Hall, Cobourg (1860), the former Trinity College (1852) and numerous other buildings across Ontario. The house was named in honour of the first superintendent of the Lakeshore Asylum, who resided there during his tenure.



pathways partnership sites

Rosalie Hall, 3020 Lawrence Avenue East, Toronto Ontario
Robertson House, 291 Sherbourne Street, Toronto Ontario
Massey Centre for Women, 1102 Broadview Avenue, Toronto Ontario
Native Child and Family Services of Toronto, 156 Galloway Road, Scarborough Ontario
Central West Pathways, 60 West Drive, Suite 110, Brampton Ontario
Black Creek Community Health Services, 1 Yorkgate Blvd., Toronto Ontario

supportive housing partnership sites

Mainstay Housing, 180 Sudbury Street, Toronto Ontario/ Office, 358 Dufferin Street, Suite 100, Toronto Ontario
YWCA, 87 Elm Street, Toronto Ontario

telemedicine partnership sites

Mainstay Housing, 180 Sudbury Street, Toronto Ontario
YWCA, 87 Elm Street, Toronto Ontario
Toronto Western Hospital, 399 Bathurst Street, Toronto Ontario

reaching out to women partnership sites

Elizabeth Fry, 215 Wellesley Street East, Toronto Ontario
Sistering, 962 Bloor Street West, Toronto, Ontario
YWCA-First Stop, 80 Woodlawn Avenue, Toronto Ontario
Fred Victor, 145 Queen Street East, Toronto Ontario

Nancy Bradley Recognition



Nancy Bradley retired from the Jean Tweed Centre on November 1st 2014. Nancy devoted her career to helping women and their families. Her vision has been both compelling and ground-breaking.

As Executive Director of the Jean Tweed Centre for more than 25 years, Nancy's leadership ensured a voice for women and children and paved the way for 'women centered trauma informed care' across the Province and beyond.

Nancy's extraordinary contribution to this field is notable in many achievements as well as the recognition and respect she continues to inspire. Her collaborative and inclusive approach to integrated care provided this sector with a model for shared values and service innovation that has come of age in health care design.

On behalf of the Board, staff and the many women whose lives you touched, we are forever grateful. Thank you Nancy!

"JTC has been like my life support. I was a strong person my whole life but I was strong to survive. Now I can be strong to live life. What was in my head and heart caused my addiction. Staff showed me that I am worth it - didn't tell me, showed me - my real self-worth. I don't have any supports. I learned what true support and compassion was. Before I was nothing but a number. The warmth and care has made it possible for me to have gotten as far as I have."

What our clients are saying...

"Jean Tweed is the only facility that looked at my issues and said 'trauma' - they helped me make sense of my current behaviour in the context of my trauma history"

"Counselors were really aware of how I was doing and would suggest other programs in the agency if they saw that I was ready. I felt cared for. I felt that I mattered as an individual. I was made to feel that the issues that I had made sense because of what I had experienced in my life."

"They never gave up on me and they never let me give up on myself."

Believe in New Beginnings

The Jean Tweed Centre provides services for substance use, mental health and problem gambling to women aged 16 and over and their families.

Our History

The Jean Tweed Centre, established in 1983, was named after Jean Shannon Tweed - a woman who saw the need for a safe and supportive environment for women to address their substance use issues. Jean was a pioneer in advancing the cause of women-specific programming and it was to acknowledge and validate her beliefs that the Centre was named in her honour.

Since its founding, the Centre has evolved and grown to become a leading community-based substance abuse and problem gambling agency for women in Ontario. The Centre offers a wide range of services including residential and day programming; two day programs now exist – one 3 weeks and one 7 weeks for mothers with young children. We also offer out-patient programs including family and trauma counseling, and outreach services in various locations across the city for pregnant and parenting women. Most recently, we have added a second outreach service to women who have mental health and substance use problems as well as involvement in the criminal justice system.

After many years of identifying the absence of child care as a barrier for women and offering limited and temporary child care, The Jean Tweed Centre, with the support of its generous donors, now offers a fully licensed therapeutic child development centre on site. In keeping with our focus on women parenting and children, our child care staff routinely conduct parenting and attachment workshops, parenting consults and child developmental assessments.

The Jean Tweed has a long and proud history of advocacy, collaboration and leadership.



The Jean Tweed Centre



For Women & Their Families

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www.jeantweed.com