

The Jean Tweed Centre



For Women & Their Families

Recreation Volunteer (yoga, fitness and/or art programming) – Cumberland House The Jean Tweed Centre

Job Title:

Cumberland House Recreation Volunteer

Department:

Cumberland House

Reports to:

Megan James, Cumberland House Supervisor

Purpose:

To create and facilitate weekend recreational programming for clients in the 3-week residential program. Hours would be from 2:30- 4pm Saturday and Sunday or potentially Saturday or Sunday evening at 7pm.

Location:

Cumberland House, Etobicoke

Qualifications:

Sufficient knowledge of and experience facilitating in a specific area of programming (e.g., yoga, fitness and/or art). Programming must be accessible to participants of various abilities and conducted safely. Relevant certifications are an asset. Volunteers must identify as women.

Key Responsibilities:

- *Facilitate group programming that is safe, inclusive, and engaging, for up to 18 women in a residential setting*
- *Liaise with the residential supervisor and other staff at Cumberland House regarding the administration of the group, including debriefing and problem solving around any concerns*

Is this position Client facing?

Yes

Time Commitment:

The position(s) are expected to begin in fall 2018. Hours would be from 2:30- 4pm Saturday and Sunday or potentially Saturday or Sunday evening at 7pm. Specific hours will be confirmed in discussion with the volunteer. Because this programming will be part of a structured program, we ask

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that volunteers ensure they can commit to the schedule arranged with the supervisor, and demonstrate reliability and punctuality in attendance.

Length of Appointment:

The volunteer position is assigned for a period of three months. After three months, the volunteer may be reappointed for another three months at the discretion of the supervisor.

Support:

The Cumberland House Manager and/or other residential staff will be available for questions and assistance.

Dress Code:

Casual

Security Checks Required:

None

To apply for this posting

Submit your resume to Jana Crawford, Volunteer Coordinator, at janacrawford@jeantweed.com, with "Recreation Volunteer – Cumberland House " in the subject line of your email.